



The

Senior Buzz

NEWSLETTER

December 2025/January 2026



Annual Senior Center Holiday Party Wednesday, December 3

@ Tom's Country Place
Hurry, deadline is November 24th!
More information on page 4

Thank you sponsors for an AMAZING 2025!

ACC Adult Homecare
Avon Library
Avon Oaks Caring Community
Brookdale
Busch Funeral
Far West Center
Ganzhorn
Home Instead
Infinite Helping Hands
Nivalis Health
Northridge Health Center
O'Neill Healthcare
Rose Senior Living-Avon
Senior Care Authority
Seniors Helping Seniors
The Woods on French Creek
University Hospitals

Senior Center Closed:

December 24

December 25

December 26

Christmas Holiday



January 1
New Year's Day



January 19
MLK Jr. Day





Are you an Avon resident 55+ who needs transportation? Call Caryn Tovtin at 440-934-7433 for more information about rider registrations and to schedule your ride. Rides are available at no charge. Passengers must be pre-registered.

Serving income-qualified residents of Avon and Avon Lake.



Making a difference. Right here at home.

33479 Lake Road, Suite C, Avon Lake, OH 44012

www.aalcrs.org - aalcrs@aalcrs.org - 440-933-9536

Open M-F, 10am - 2pm

Closed Fridays from Memorial Day - Labor Day

ON-SITE
FOOD PANTRY

EMERGENCY FINANCIAL
ASSISTANCE

PERSONAL DEVELOPMENT
PROGRAMS



Meals on Wheels

Neighborhood Alliance provides Meals on Wheels (Home Delivered Meals) for Lorain County residents. They provide safe and nutritious meals for adults 60 and older in their homes. Dietician approved meals are hand delivered to the door by the driver who does a wellness check. If you are interested in a referral for Meals on Wheels, call Carrie Rae at 440-934-7975 and she can assist you with making the referral. **There is no cost for Avon residents.**

Community Resources

The Avon Senior Center Social Worker, Carrie Rae, MSW, LISW-S, is available to provide support, information, resources, and referrals to Avon senior residents and their families. For more information, please call 440-934-7975.

Newsletter Subscription Information

- The newsletter subscription fee for 2026 is \$15/household. Subscriptions are on a 12-month renewal.
- The mailing label on your newsletter will show your expiration date.
- Those wanting the newsletter emailed can subscribe to our e-newsletter for free.
- There is no form to fill out for newsletter subscriptions. Just stop in or mail a check for \$15, payable to City of Avon, and write "newsletter" on the memo line. Credit card payments are also accepted.

Lock Boxes

Lock box applications are available at the Senior Center. After your application is processed, the Fire Department will contact you for installation. The cost is \$35. (No charge for Veterans).

Medical Equipment



If you are rehabbing at home after surgery or need to borrow medical equipment (wheelchair, walker, etc.) for a limited time, please reach out to the Avon Senior Center. We have various inventory of medical equipment in good shape that is available to borrow. Please call the Senior Center at 440-934-2417 to check inventory. No drop-ins. A refundable security deposit is required.

MOVIES & GAMES



CANDY CANE LANE

**Friday, December 5
1:00PM**

Eddie Murphy stars in this holiday comedy adventure about a man on a mission to win his neighborhood's annual Christmas home decoration contest and inadvertently makes a deal with a mischievous elf that brings the 12 Days of Christmas to life.

Rated: PG (1HR 52MIN)

Location: Media Room

MIRACLE ON 34TH STREET

**Friday, December 12
1:00PM**

A department store Santa is out to prove he's the real Claus in this spirited 1947 holiday classic.

Rated: PG-13 (1HR 36MIN)

Location: Media Room

DR. SEUSS' HOW THE GRINCH STOLE CHRISTMAS (MOVIE & LUNCH)

**Friday, December 19
12:00PM**

Join us for Movie & Lunch in the Main Hall! Jim Carrey brings Dr. Seuss' holiday-hating heel to gloriously sinister life in this effects-filled adaptation of the classic story. Wear your ugly sweater!

Rated: PG (1HR 44MIN)

Fee: \$5; **NR:** \$6

Location: Main Hall

Deadline: December 15

**Friday, December 26
NO MOVIE**

THE FAMILY STONE

**Friday, January 2
1:00PM**

An uptight, liberal businesswoman accompanies her boyfriend to his eccentric and outgoing family's annual Christmas celebration and finds that she's a fish out of water in their free-spirited way of life. Romance; Comedy

Rated: PG-13 (1HR 39MIN)

Location: Media Room

NATIONAL TREASURE

**Friday, January 9
1:00PM**

A treasure hunter must steal America's most sacred and guarded document. This action-adventure heist film stars Nicholas Cage.

Rated: PG (2HR 11MIN)

Location: Media Room

THE ADAM PROJECT

**Friday, January 16
1:00PM**

After accidentally crash-landing in 2022, time-traveling fighter pilot Adam Reed teams up with his 12-year old self on a mission to save the future.

Rated: PG-13 (1HR 46MIN)

Location: Media Room

AUGUST RUSH

**Friday, January 23
1:00PM**

A 2007 musical drama about a young orphan boy named Evan who is a musical prodigy and uses his musical talent to find his parents.

Rated: PG-13 (1HR 53MIN)

Location: Media Room

MAMMA MIA! HERE WE GO AGAIN (MOVIE & LUNCH)

**Friday, January 30
12:00PM**

Join us for Movie & Lunch in the Main Hall! A musical sequel and prequel that follows two timelines: in the present, Sophie is prepping for the grand reopening of her mother Donna's hotel, and in 1979, a young Donna embarks on her own adventures and meets the three men who could be Sophie's father.

Rated: PG-13 (1HR 48MIN)

Fee: \$5; **NR:** \$6

Location: Main Hall

Deadline: January 26

Please RSVP for movies at 440-934-2417, seating is limited. Movie & Lunch Friday has a specific deadline. To prevent disruptions, please be present by 12:55PM. Enjoy the show!

GAMES

BINGO

**Wednesdays, 12/10, 1/14, 1/28
1:00PM**

Deadline: RSVP for each Bingo event no later than 2 days prior. *Sponsored by Northridge Health Center and The Woods on French Creek.*

Location: Main Hall

MAHJONG

**Beginners — Tuesdays, 10:00AM
Advanced — Wednesdays,
11:30AM**

Location: Media Room

PINOCCHLE

**Mondays
1:00PM-3:30PM**

All levels welcome!

Location: Media Room

HAND & FOOT

**Tuesdays
1:00PM-3:30PM**

All levels welcome!

Location: Media Room

POKER

**Thursdays
12:30PM-3:30PM**

All levels welcome!

Location: Media Room

CHAIR VOLLEYBALL

**January 7 & 21
1:00PM**

RSVP 2 days prior

Location: Main Hall

**Canceled in December*

SOCIAL EVENTS



COFFEE & DONUTS

**1st & 3rd Thursday of each month
10:00AM**

It's a coffee and donut kind of morning! Come join us for a casual get-together. An opportunity to make new friends and catch up with friends that you haven't seen in some time! The first Thursday of each month will be with a police officer.
(Canceled on Jan. 1)

COFFEE WITH THE COORDINATOR

**Tuesday, January 27
10:00AM**

Join us for a casual and engaging brunch with the Coordinator! A great opportunity to connect, share ideas, ask questions, and discuss updates or concerns. Whether you are new to the senior center or have been coming for years, this your chance to get involved, provide feedback, stay informed and hang out with friends!
Deadline: January 23



LUNCH CLUB

**Wednesdays, 12/10 & 1/14
11:30AM-1PM**

Bring your lunch and join your friends for a social gathering once a month to catch up with old friends and make new friends too! Mystery Guest will be joining us each month and games will be played time permitting! *Dessert will be provided!*

Location: Main Hall

Please RSVP 2 days prior

ANNUAL SENIOR CENTER
HOLIDAY LUNCHEON

**Wednesday, December 3
11:30AM-1:30PM**

(Doors open at 11:00AM)

Join us for our annual Holiday Party at Tom's Country Place. Sit down meal includes Breaded Pork Chops, Cabbage Roll, Garlic Roasted Red Bliss Potatoes & California Blend Vegetables. Photo Booth & Raffles!

Fee: \$25/person

Location: Tom's Country Place
3442 Stoney Ridge Rd. Avon

Deadline: November 24



ORNAMENT EXCHANGE

**Tuesday, December 9
1:00PM**

Join us for some Christmas cookies, a hot beverage and an ornament exchange! Just bring a wrapped ornament, and we'll play a fun game and everyone goes home with a new ornament!

Fee: FREE

Location: Main Hall

Deadline: December 4

MERRY & BRIGHT BINGO

**Wednesday, December 17
1:00PM**

Wear your favorite "ugly" sweater or festive shirt to celebrate the holiday! We will play holiday bingo and enjoy holiday music. Cookies & holiday refreshments will be served!

Fee: \$5; NR: \$6

Location: Main Hall

Deadline: December 12

HAPPY "NOON" YEAR &
BRUNCH

**Tuesday, January 6
11:00AM**

Let's ring in the "noon year" with a light brunch and a (non-alcoholic) champagne toast. Patrick Janson will be here to entertain us with music.

Fee: \$6; NR: \$7

Location: Main Hall

Deadline: Dec. 30

Sponsored by Avon Oaks Caring Community

PIZZA & BINGO

**Thursday, January 29
11:30AM**

Mangia! Join us for a pizza luncheon & bingo!

Fee: \$5; NR: \$6

Deadline: Jan. 22



NEWSLETTER FOLDING

**Monday, January 26
1:00 PM**

SNACKS SPONSORED BY BUSCH FUNERAL

DECEMBER

Mon	Tue	Wed	Thu	Fri
1 9AM Chair/Gentle Yoga 10AM Cardio Strength-Upper 1PM Pinochle 2PM Tai Chi	2 9:30AM-11AM T3 Walking 10AM Beg. Mahjong 1PM Hand & Foot Cards	3 CENTER HOURS: 8AM-10AM;2PM-4PM 9AM Chair/Gentle Yoga <i>All other activities canceled</i> 11:30AM Holiday Party @ Tom's Country Place	4 9:30AM-11AM T3 Walking 10AM Coffee & Donuts 12:30PM Poker 1:00PM Library Series 2:30PM Joint, Strength, Flex	5 9:30AM-11AM T3 Walking 10AM Total Body Fitness 1PM Movie
8 9AM Chair/Gentle Yoga 10AM Cardio Strength-Upper 1PM Pinochle 2PM Tai Chi	9 9:30AM-11AM T3 Walking 10AM Beg. Mahjong 1PM Hand & Foot Cards 1PM Ornament Exchange 10:30AM Create Space @ Avon Library	10 9AM Chair/Gentle Yoga 10AM Cardio Strength-Lower 11:30AM-1PM Lunch Club 11AM-1PM Tech Support 11:30AM Mahjong 1PM Bingo 3:30PM Kids Who Care Holiday Decorations	11 9:30AM-11AM T3 Walking 10AM Book Club 10AM Senior Strong & Breakfast 11AM Podiatrist 12:30PM Poker 2:30PM Joint, Strength, Flex	12 9:30AM-11AM T3 Walking 10AM Total Body Fitness 1PM Movie
15 9AM Chair/Gentle Yoga 10AM Cardio Strength-Upper 1PM Pinochle 2PM Tai Chi	16 9:30AM-11AM T3 Walking 10AM Beg. Mahjong 1PM Hand & Foot Cards 1PM Craft with Karen	17 9AM Chair/Gentle Yoga 10AM Cardio Strength-Lower 11AM-1PM Tech Support 11:30AM Mahjong 1PM Merry & Bright Bingo	18 9:30AM-11AM T3 Walking 9:30AM-11AM BP Screening 10AM Coffee & Donuts 10:30AM Discussion Group with Carrie 12:30PM Poker 2:30PM Joint, Strength, Flex	19 9:30AM-11AM T3 Walking 10AM Total Body Fitness 12PM Movie & Lunch
22 9AM Chair/Gentle Yoga 10AM Cardio Strength-Upper 1PM Pinochle 2PM Tai Chi	23 10AM Beg. Mahjong 1PM Hand & Foot Cards	24 CENTER CLOSED 	25 CENTER CLOSED 	26 CENTER CLOSED 
29 9AM Chair/Gentle Yoga 10AM Cardio Strength-Upper 1PM Pinochle 2PM Tai Chi	30 10AM Beg. Mahjong 1PM Hand & Foot Cards	31 9AM Chair/Gentle Yoga 10AM Cardio Strength-Lower 11:30AM Mahjong	JANUARY 1 CENTER CLOSED 	JANUARY 2 10AM Total Body Fitness 1PM Movie

JANUARY

Mon	Tue	Wed	Thu	Fri
			1 CENTER CLOSED 	2 10AM Total Body Fitness 1PM Movie
5 9AM Chair/Gentle Yoga 10AM Cardio Strength-Upper 10AM-12PM Mahjong Lessons 1PM Pinochle 2PM Tai Chi	6 <u>9:30AM-11AM T3 Walking</u> 10AM Beg. Mahjong 11AM Noon Years Eve Brunch 1PM Hand & Foot Cards	7 9AM Chair/Gentle Yoga 10AM Cardio Strength-Lower 11AM-1PM Tech Support 11:30AM Mahjong 1PM Chair Volleyball	8 <u>9:30AM-11AM T3 Walking</u> 10AM Book Club 10AM Senior Strong & Breakfast 12:30PM Poker 2:30PM Joint, Strength, Flex	9 <u>9:30AM-11AM T3 Walking</u> 10AM Total Body Fitness 1PM Movie
12 9AM Chair/Gentle Yoga 10AM Cardio Strength-Upper 10AM-12PM Mahjong Lessons 1PM Pinochle 2PM Tai Chi	13 <u>9:30AM-11AM T3 Walking</u> 10AM Beg. Mahjong 12pm Lunch & Learn: Cuyahoga Valley 1PM Hand & Foot Cards	14 9AM Chair/Gentle Yoga 10AM Cardio Strength-Lower 11AM-1PM Tech Support 11:30AM-1PM Lunch Club 11:30AM Mahjong 1PM Bingo	15 <u>9:30AM-11AM T3 Walking</u> 9:30AM-11AM BP Screening 10AM Coffee & Donuts 10:30AM Discussion Group with Carrie 12:30PM Poker 2:30PM Joint, Strength, Flex	16 <u>9:30AM-11AM T3 Walking</u> 10AM Total Body Fitness 10AM-12PM Mahjong Lessons 1PM Movie
19 CENTER CLOSED 	20 <u>9:30AM-11AM T3 Walking</u> 10AM Beg. Mahjong 12PM Library Series & Lunch 1PM Hand & Foot Cards 3:30PM Kids Who Care Fairy Jar Craft	21 9AM Chair/Gentle Yoga 10AM Cardio Strength-Lower 11AM-1PM Tech Support 11:30AM Mahjong 1PM Chair Volleyball	22 <u>9:30AM-11AM T3 Walking</u> 12PM Lunch & Learn: Johnny G- Rock & Roll 12:30PM Poker 2:30PM Joint, Strength, Flex	23 <u>9:30AM-11AM T3 Walking</u> 10AM Total Body Fitness 1PM Movie
26 9AM Chair/Gentle Yoga 10AM Cardio Strength-Upper 1PM Pinochle 2PM Tai Chi **1PM Newsletter Folding**	27 <u>9:30AM-11AM T3 Walking</u> 10AM Beg. Mahjong 10AM Coffee w/Coord. 1PM Hand & Foot Cards <u>Meet & Eat: Two Bucks</u> 11:30AM	28 9AM Chair/Gentle Yoga 10AM Cardio Strength-Lower 11AM-1PM Tech Support 11:30AM Mahjong 1PM Bingo	29 <u>9:30AM-11AM T3 Walking</u> 11:30AM Pizza & Bingo 12:30PM Poker 2:30PM Joint, Strength, Flex	30 <u>9:30AM-11AM T3 Walking</u> 10AM Total Body Fitness 12PM Movie & Lunch

LIBRARY

LIBRARY SERIES - HISTORY OF JANE AUSTEN

Thursday, December 4

1:00PM

It is a truth universally acknowledged, that Jane Austen is one of the most popular authors of all time. Join Melanie Potraz from the Lorain Public Library, Avon Branch and celebrate 250 years of Jane Austen! We'll learn about Jane Austen and her journey into becoming an author. Let's dive into her works and learn about their long-lasting impact in storytelling today!

Location: Senior Center Main Hall

Fee: FREE

Deadline: December 1

LIBRARY SERIES - HISTORY OF THE ROYAL FAMILY & "ROYAL" LUNCH

Tuesday, January 20

12:00PM

Join Melanie Potraz from the Avon Branch Library as we dive into a pop culture hot topic, the Royal Family! We'll cover how Queen Elizabeth II became the Queen and how her historic reign evolved throughout recent history. Come learn about the drama, fashion, and history of the Royal Family. A "royal" lunch will be served!

Location: Senior Center Main Hall

Fee: \$5; NR: \$6

Deadline: January 13



CREATE SPACE ROOM

Wood Engraved Ornament

@ Avon Library

Tuesday, December 9

10:30AM

Come visit the Create Space at the Avon Branch Library and learn how to make wood engraved ornaments! Library staff will walk you through on how to take an image and turn it into a fun tree ornament. Get in the holiday spirit at the Avon Branch Library and make a festive ornament!

Location: Avon Library 37485 Harvest Dr.

Fee: FREE

Deadline: Dec. 5

Limit: 7



ARTS & CRAFTS

CRAFT WITH KAREN
SNOWMAN SHELF WINTER
CRAFT/DECOR

Tuesday, December 16

1:00PM

Create this adorable DIY Snowman Shelf Sitter using upcycled materials, festive embellishments, and a touch of glitter for the perfect rustic winter décor.

This winter chap will help you discover a whimsical spark of joy, creativity, and everyday magic. Learn how to make life more whimsical with this simple, fun idea.

Location: Senior Center Main Hall

Fee: \$5; NR: \$6

Deadline: Dec. 9



Sketchbook Art with Kim

Coming back in March 2026!

Look for more information in our February/ March Newsletter!

BOOK CLUB

BOOK CLUB @ ASC

Second Thursday Book Club

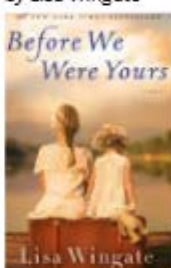
10AM - 11AM

We'll read a book every month and discuss it together.

December

Before We Were Yours

by Lisa Wingate



January

The Hunting Party

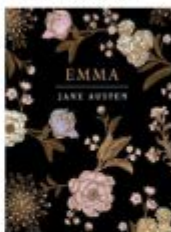
by Lucy Foley



February

Emma

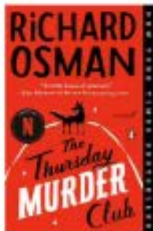
by Jane Austen



March

The Thursday Murder Club

by Richard Osman



FITNESS, HEALTH & WELLNESS

FITNESS CLASS UPDATE-BEGINNING APRIL 7TH

Beginning April 7, 2026 the following changes will take place for our fitness classes offered here at the center. We will continue to offer the healthcare programs Silver Sneakers & Renew Active. If you are a member of one of these, there will be no charge. A form is required to fill out -if you have done so already you do not need to complete again. Please note the "sneaker" symbol below. The sneaker symbol means that this class is covered on the under the Silver Sneakers/Renew Active membership. If there is not symbol next to class a fee is required. Silver Sneakers members will scan their Silver Sneakers/Tivity Card & My Senior Center fob. Renew Active members will scan their My Senior Center fob only. If you do not have either of these plans the following fee will apply. If you need help with understanding this procedure please call the main line, we are happy to assist you. PLEASE NOTE THAT THE FEES WILL NOT BEGIN UNTIL APRIL 7TH.

PUNCH PASS (Good for all classes listed below)

Resident: \$15 for 11 classes

Non-Resident: \$40 for 11 classes

Yep! You are getting one class for Free.

Passes expire 12/30/2026

Punch Passes can be purchased at the Senior Center Front Desk.

PAY AS YOU GO

Resident: \$2/class

Non-Resident: \$5/class

GENTLE/CHAIR YOGA MONDAYS & WEDNESDAYS 9:00AM



This class is designed for all levels, yoga beginners thru seasoned yogis, including those with limited mobility. Poses are done at a slower pace to encourage accessibility for all. Class can be performed with use of chair or mat. Poses to promote relaxation, reduce stress, and manage emotional health.

Instructor: Diana Jancura



CARDIO, STRETCH & STRENGTHEN-UPPER BODY MONDAYS 10:00AM

Full body stretching, low-moderate impact cardio workout, and strengthening of UPPER body joints and muscles. We use dumbbells, resistance bands and exercise balls as we focus on arms, shoulders, upper back, hands and wrists. Can be modified for seated or standing.

Instructor: Diana Jancura

JOINT, STRENGTH & FLEXIBILITY THURSDAYS 2:30PM



This one-hour class will improve joint mobility while emphasizing building strength, increasing flexibility, posture and muscular strength.

Instructor: Kathy Hungerman

CARDIO, STRETCH & STRENGTHEN-LOWER BODY WEDNESDAYS 10:00AM



Full body stretching, low-moderate impact cardio workout, and strengthening of LOWER body joints, muscles and developing balance. We use resistance and dynabands to build strength, balance and joint health in hips, knees and ankles/feet. Can be modified for seated or standing.

Instructor: Diana Jancura

All classes are located in the Senior Center Main hall

TOTAL BODY FITNESS FRIDAYS 10:00AM



Increase strength, flexibility, range of movement & balance with both seated & standing exercises, using a small ball, exertube, light hand weights or your own body resistance.

Instructor: Chris Loy

TAI CHI MONDAYS 2:00PM

Tai Chi practice develops muscular strength plus flexibility in the spine and all body parts.

Fee: Resident \$2/class; NR: \$5/class

Location: Main Hall

Instructor: Michael Stadul

**Not a Silver Sneakers/Renew Active class*

T3 INDOOR WALKING Tuesdays, Thursdays, Fridays 9:30AM-11:00AM

Location: T3 Performance
1965 Recreation Lane in Avon (near Crushers Stadium & YMCA) BUILDING #2.

Fee: FREE, no registration required

**Canceled on 12/23, 12/25, 12/26, 12/30, 1/1, 1/2*



SilverSneakers
by UnitedHealthcare
Renew Active
by UnitedHealthcare

HEALTH, WELLNESS & COMMUNITY INVOLVMENT

PODIATRIST

**Thursday, December 11
11:00AM**

Dr. Hosking will be here for those who want foot care

Location: Senior Center Main Hall

Pre-registration REQUIRED

Call Dr. Hosking's office

440-282-1312



MONTHLY DISCUSSION GROUP WITH CARRIE

Group discussion facilitated by
Staff Social Worker, Carrie Rae

Stress Management

Thursday, December 18

10:30AM

Forgiveness

Thursday, January 15

10:30AM

Location: Senior Center Media Room

Register: Call one day prior to 440-934-2417



SENIOR STRONG & BREAKFAST FAR WEST CENTER

Bob Piovarchy, Far West Center's Senior Strong Program, will present ways to manage challenges seniors face and identify healthy coping options. Come and enjoy some educational information and breakfast to help improve your life and enhance your mental health.

Managing Holiday Stress

Thursday, December 11

10:00AM

Deadline: December 9



Kindness and the Art of Being a Good Person

Thursday, January 8

10:00AM

Deadline: January 6

Location: Senior Center Main Hall

Fee: FREE

Register: Call 2 days prior to register

• Continental Breakfast included

BLOOD PRESSURE/HEALTH CHECK BY UH COMMUNITY OUTREACH

Thursdays, 12/18 & 1/15

9:30AM-11:00AM

UH Community Outreach Team will be on site to provide blood pressure screenings on the third Thursday of every month from 9:30AM-11:00AM. No registration required.

Fee: FREE

Location: Main Hall

NEW!

KIDS WHO CARE "KWC" & SENIORS Bridging Ages, Building Futures

The Avon Senior Center and Avon Heritage Elementary School Kids Who Care Club (students in grades 3-5) will be working together to make a difference in our community!

Making Holiday Decorations

Wednesday, December 10

3:30PM

We will be making holiday decorations for Avon Oaks Nursing Home.

Location: Senior Center Main Hall

RSVP 2 days prior

Fairy Jars

Tuesday, January 20

Tuesday, February 17

3:30PM

We will be making fairy jars for local nursing homes and Avon Seniors to enjoy at their home!

Location: Senior Center Main Hall

RSVP 2 days prior

More About Kids Who Care (KWC)

The mission of the Heritage Elementary School, Kids Who Care Club is to build responsible, caring, global citizens within our school community and promote the values that represent good character in all students. We will accomplish our mission through: Leading by example in our community, serving others and by demonstrating empathy, compassion and kindness toward peers, staff and community members.

EDUCATIONAL, TECHNOLOGY & COMMUNITY INVOLVEMENT

MAHJONG LESSONS

**Mondays, January 5, 12, &
Friday, January 16
10:00AM-12:00PM**

Learn the game of Mahjong! For beginners and all abilities. Must attend all three dates. Taught by a volunteer Diane Matzke Max. of 4
Fee: FREE
Location: Media Room



TECHNOLOGY SUPPORT WITH DAN

**Wednesdays, 12/10, 12/17, 1/7, 1/14, 1/21, 1/28
11:00AM-1:00PM**

Join Dan White, a technology support volunteer, who will help answer your questions related to your electronic devices (cell phone, iPad, tablet, laptop, etc.) No need to RSVP.

Location: Conference Room
Fee: Free



LUNCH & LEARN: SOULFUL TRAILS NATIONAL PARK SERIES CUYAHOGA VALLEY NATIONAL PARK

**Tuesday, January 13
12:00PM**

Join us for an engaging program that brings the National Parks life! Annette will share highlights from her own hiking experiences in our very own Cuyahoga Valley National Park, including stunning photos, natural wonders along the trail, and the lessons learned. You'll also gain practical tips for preparing your own hikes or trips to the park. Come ready to be inspired, ask questions, and walk away with new ideas for your next outdoor adventure.

Location: Senior Center Main Hall
Fee: \$5; NR: \$6 (lunch included)
Deadline: January 8



LUNCH & LEARN: MAKING CONNECTIONS WITH JOHNNY G

**Thursday, January 22
12:00PM**

Johnny G from Kool Kat 98.9 FM and 1380 AM invites you to explore the musical tapestry that is Rock and Roll. We'll explore the origins of Elton John, how songs by the Doobie Brothers, Kenny Loggins, Carly Simon and Van Halen share a common songwriter, and so much more. Amazing music plus the equally intriguing stories behind the songs.

Location: Senior Center Main Hall
Fee: \$5; NR: \$6 (lunch included)
Deadline: January 19



U.S. Marine Corps Toy Drive

October 27 thru December 11, 2025

The City of Avon will be accepting donations on behalf of Toys for Tots at the following locations:

Avon City Hall- 36080 Chester Rd.
Avon Police Department- 36145 Detroit Rd.
Avon Senior Center- 36784 Detroit Rd.

TRIPS & OUTINGS

MEET & EAT: TWO BUCKS AVON

Tuesday, January 27
11:30AM

Wear your favorite football jersey and meet us for a pre-game lunch at Two Bucks in Avon. Enjoy award winning mac & cheese, munchies, salads, wings, pizza, burgers, etc.

Reservation deposit \$5/person payable cash, which will be returned upon arrival to restaurant.

Location: Meet at Two Bucks (36931 Detroit Rd.)
Deadline: January 20



JKL TOURS

Historic & Ethnic Cleveland

Thursday, March 5

8:30AM-5:00PM

Personally escorted by JOHN from JKL TOURS, our Historic and Ethnic Cleveland tour Part II will pick up where Part I left off.

Just like Part I, we will combine history, surprises (and lunch) to give you a view of the culture and heritage that makes Cleveland a unique mosaic of people and places.

Fee: \$99/person

Deadline: February 5

Checks only; made payable to JKL Tours, registration form required. Forms available at Senior Center Front Desk or online www.cityofavon.com/seniors

PART 2



Moses Cleaveland

Founder of Cleveland

WENDT TOURING

Treasurers of Montreal, Quebec City and The Thousand Islands by Rail

6 days, June 22 - 27, 2026

Make new friends and have fun traveling! This escorted tour has been quite popular and successful in the past. The group itinerary includes remarkable sightseeing, delicious meals, quality hotels and more.

The Thousand Islands Boat Cruise, VIA Rail Canada, Basilica of Notre Dame, French Quarter, Saint Lawrence Seaway, Old Port District, Mont Royal, National Battlefields Park, Lake Ontario, Montmorency Falls, Parliament Buildings, Church of Sainte Anne de Beaupre, Citadel, Toronto, The Underground, Expo '67 Biosphere, Chateau Frontenac, Watertown New York and more. 2 nights Montreal, 2 nights Quebec City. There is something magical about train travel. This is a great early summer tour to French Canada.

Trip brochures with registration are available at the

Senior Center Front Desk or online www.cityofavon.com/seniors.

Join us! Questions please email [Richard Urbas](mailto:Richard_Urbas@wendt_touring.com) with Wendt Touring rtuohio@yahoo.com



**Please note that JKL and Wendt trips are independent of Avon Senior Center*



Avon Senior Center
36786 Detroit Road
Avon, OH 44011

Avon Senior Center Staff

Mayor

Bryan K. Jensen

Coordinator

Clare Harasimchuk

440-934-7977

charasimchuk@cityofavon.com

Activity Planner

Karen Reppucci

440-934-6452

kreppucci@cityofavon.com

Activity Assistant

Terri Bartolovich

440-934-2417

tbartolovich@cityofavon.com

Transportation

Caryn Tovtin

440-934-7433 (RIDE)

ctovtin@cityofavon.com

Receptionist

Sandy Palmieri

440-934-2417

spalmieri@cityofavon.com

Social Worker

Carrie Rae

440-934-7975

crae@cityofavon.com

Drivers

Bret Bartolovich, Terri Griffore,
Pam Kelly, Mike Kerecz, Toni
Konowal, Timothy Manning,
Michele Richards, Scott
Wardrope

Event Set-Up

Michelle Wintrode

City of Avon Numbers:

Avon Parks & Rec. Dept.	440-937-6106
Avon Senior Center	440-934-2417
City Hall	440-937-7800
Fire Dept. (non-emerg)	440-934-1222
Police Dept. (non-emerg)	440-934-1234
Service Department	440-937-5729
Utilities Department	440-937-5740

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**Proud sponsor of the
Senior Center Hospitality Table
for December & January
Coffee, Tea and Treats!
*Located by Front Desk***