



The Senior Buzz

NEWSLETTER

JUNE/JULY 2025

Thank You and Good Luck, Sam!

We would like to extend our sincere thanks and appreciation to Sam Cecil, technology support volunteer. Sam has volunteered at the Senior Center from January 2023-May 2025. During that time, Sam has helped many of our seniors with their technology needs. Sam recently graduated from Avon High School, and he will be attending Ohio State University in the fall. Sam will double major in marketing and finance and hopes to get a job in the technology or AI field. We have truly appreciated Sam volunteering at the center, and we wish him good luck in his future endeavors!

Congratulations Avon Mind Challenge Team

We are so excited to announce that our Mind Challenge Team placed 2nd for the West Division. The team consisted of Bill & Linda Skaryd, Mike & Diane Carlin and Dave & Sue Roll. We are so proud of their accomplishment and how well they represented the center!



Looking for Players!



Mahjong

Wednesday Mahjong is looking for experienced players to join them.

Poker Players

Thursday Cards is looking for poker players to join them.

Card Games

We are looking to expand our card game offerings here at the Center, such as Bridge, Euchre, Hand and Foot, etc. If you are interested, please contact us to have your name added to our "Interest to Play" list! 440-934-2417

SENIOR CENTER CLOSED:

FRIDAY, JULY 4
Independence Day



WELCOME NEW STAFF MEMBERS!

Terri Bartolovich
Activity Assistant
440-934-2417

Timothy Manning
Driver

Scott Wardrobe
Driver

CARING CARDS FOR SENIORS IS BACK!

We are pleased to bring back our card program and are looking to acknowledge your life events i.e. birthdays, anniversaries, etc.

For more information, please call our front desk to speak with Sandy or Terri at 440-934-2417.



Are you an Avon resident 55+ who needs transportation? Call Caryn Tovtin at 440-934-7433 for more information about rider registrations and to schedule your ride. Rides are available at no charge. Passengers must be pre-registered.

Card Donations

Do you have boxes and boxes of unused cards?? Cards such as “Happy Birthday”, “Thinking of you”, “Happy Anniversary” or blank ones too?? We are looking for card donations here at the Senior Center. Please drop off at the front desk, thank you for your consideration. We cannot accept cards from endorsed organizations i.e. St. Jude’s, Salvation Army, etc. Cards will be used for our Caring Cards for Seniors Program.

Blessing Box

By Renee Collins & Joe Pullin



Take what you need, give what you can!
Give a hand, Make a Change! Blessing Boxes are emergency food pantries for individuals who need food right now.

Many community resources have wait times/prerequisites. These boxes are meant to bridge the gap. We aim to reduce food insecurity in Lorain County.

The City of Avon has two boxes in our community! One box is located behind the Avon Fire/Police Departments and the second box is located here at the Senior Center Parking Lot.

NEW! We have added a donation box inside the Senior Center (next to the elevator). Donations that can be expected are unexpired or recently expired canned food, dried/boxed goods, personal hygiene products, winter essentials. NO glass jars, razors, medications, cash, soda cans, hand sanitizer, used or opened food/hygiene products.

Please stop by the Senior Center front desk if you have any questions 440-934-2417.

Community Resources

The Avon Senior Center Social Worker, Carrie Rae, MSW, LISW-S, is available to provide support, information, resources and referrals to Avon senior residents and their families. For more information, please call 440-934-7975.

Newsletter Subscription Information

- The newsletter subscription fee for 2025 is \$15/household. Subscriptions are on a 12-month renewal.
- The mailing label on your newsletter will show your expiration date.
- Those wanting the newsletter emailed can subscribe to our e-newsletter for free.
- There is no form to fill out for newsletter subscriptions. Just stop in or mail a check for \$15, payable to **City of Avon** and write “newsletter” on the memo line. Credit card payments also accepted.

Lock Boxes

Lock box applications are available at the Senior Center. After your application is processed, the Fire Department will contact you for installation. The cost is \$35.

Medical Equipment

If you are rehabbing at home after surgery or need to borrow medical equipment (wheelchair, walker etc) for a limited time, please reach out to the Avon Senior Center. We have various inventory of medical equipment in good shape that is available to borrow. Please call the Senior Center at 440-934-2417 to check inventory. No drop-ins.



MOVIES & GAMES

MOVIE FRIDAYS

The Life List

Friday, June 6
1:00PM

After the death of her mother, Alex revisits her childhood aspirations, endeavoring to achieve her old goals, only to discover that pursuing these lifelong dreams takes her on an unforeseen and surprising journey.

Rated: PG-13 (2HR 5MIN)

Twisters

Friday, June 13
1:00PM

The blockbuster disaster epic returns with whirlwind thrills as Kate and Tyler, rival storm chasers with distinct styles, race to survive a tornado season like no other.

Rated: PG-13 (2HR 2MIN)

Smokey and the Bandit

Friday, June 20
1:00PM

Two Southern bootleggers accept an illicit dare to transport a truck of beer within a certain time frame. Their daring hijinks during the illegal cross-country beer run brings on the wrath of an inept sheriff.

Rated: PG (1HR 35MIN)

Snack sponsored by Jill Smelko from Seniors Helping Seniors

Movie & Lunch: Wicked

Friday, June 27
12:00PM (note early start)

Elphaba, a young woman ridiculed for her green skin, and Galinda, a popular girl, become friends at Shiz University in the Land of Oz. After an encounter with the Wonderful Wizard of Oz, their friendship reaches a crossroads. Due to the length of movie there will be an intermission.

Rated: PG (2HR 44MIN)

Location: Main Hall upstairs

Boxed Lunch & Popcorn included

Fee: \$6/person residents, \$8/person non-residents

No Movie-July 4th

Somewhere in Time

Friday, July 11
1:00PM

The powerfully romantic story of a young writer (Christopher Reeve) who is approached by an elderly woman who gives him an antique gold watch and pleads with him to return in time with her. Years later, he is overwhelmed by a photo of a beautiful young woman (Jane Seymour) who he believes is the same woman who gave him the gold watch. Will he choose to return to 1912 and the love that awaits him?

Rated: PG (1HR 38MIN)

The Bad News Bears

Friday, July 18
1:00PM

An aging, down-on-his-luck ex-minor leaguer coaches a team of misfits in an ultra-competitive California little league.

Rated: PG (1HR 42MIN)

Snack sponsored by Jill Smelko from Seniors Helping Seniors

The War with Grandpa

Friday, July 25
1:00PM

Recently widowed grandfather Ed (Robert De Niro) moves in with his family and takes over his grandson Peter's bedroom. However, Peter refuses to accept the new arrangement, igniting a fierce intergenerational prank war.

Rated: PG (1HR 34MIN)

- Seating is limited — please RSVP for movies, 440-934-2417.
- To prevent disruptions please be present and seated no later than 12:55 PM or you forfeit your seat to a walk-in.

GAMES

Bingo

Wednesdays, 6/11, 6/25, 7/9, 7/23
1:00PM

Deadline: RSVP for each Bingo event no later than 2 days prior.

Sponsored by Northridge Health Center and The Woods on French Creek.



Pizza & Bingo!

Thursday, July 10
11:30AM

Mangia! Join us for a pizza luncheon & bingo!

Fee: \$5/person residents, \$6/person non-residents

Deadline: July 3

Snack sponsored by Seniors Helping Seniors

Mahjong

Beginners — Tuesdays, 10:00AM
Advanced — Wednesdays, 12:30PM
Senior Center Media Room

Pinochle

Mondays
1:00PM-3:45PM

All levels welcome!
Senior Center Media Room

Poker

Thursdays
12:30PM-3:30PM

All levels welcome!
Senior Center Media Room

SOCIAL EVENTS

Coffee & Donuts

1st Thursday of each month
with a Police Officer
10:00AM

3rd Thursday of each month
10:00AM



Coffee at the Cahoon House

Wednesdays, 6/4, 6/11, 6/18, 6/25,
7/2, 7/9, 7/16, 7/23, 7/30
10:00AM-11:00AM

We are partnering with the Avon Parks
& Rec Dept. coffee, donuts, and tours
at the Wilbur Cahoon House Museum.

Location: Wilbur Cahoon House 2940
Stoney Ridge Road

Fee: FREE

Register: Call Avon Senior Center to
reserve your spot at 440-934-2417

Summer Solstice Ice Cream Social

Friday, June 20
11:00AM

Here's the scoop...please join us for a
Summer Solstice Ice Cream Social!
We will have music and outdoor seating
(weather permitting) to celebrate the
first day of summer. Enjoy an ice cream
bar with different flavored ice cream and
toppings. Join us for a delightful late
morning treat with old friends & new!
Entertainment provided by Gene Braden.

Fee: FREE

Deadline: June 13

Snack sponsored by O'Neill Healthcare

Newsletter Folding

Monday, July 28
1:00PM

Snack sponsored by O'Neill Healthcare

Summer Concert Series @ Heritage Square Gazebo

3rd Thursday, June-September

June 19

6:30PM-8:30PM

Clarence and the Bee Keepers (Rock/
Country)

July 17

6:30PM-8:30PM

Rhythm n Rhyme Barbershop Quartet
& Golden Cascade Chordsmen
Barbershop Chorus

August 21

6:30PM-8:30PM

Da Land Brass Band (Jazz, Funk, R&B)

September 18

6:00PM-8:00PM

6 Miles High (All Music Types)

Location: Gazebo located at corner
of Detroit Rd & Stoney Ridge Road.
Accessible Parking at the Country
Store on Stoney Ridge.

Fee: FREE No registration needed

**Bring your camping chair and enjoy
an evening of live music!**

Presented by City of Avon



Kentucky Derby Hats



Bingo & Pizza





JUNE

Mon.	Tue.	Wed.	Thu.	Fri.
2 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	3 <i>9:30AM Walking Wonders (@ECP)</i> 10AM Beg. Mahjong 1PM Civil War Nurses	4 10AM Silver Sneakers 11AM Pool Membership <i>10AM Coffee @ Cahoon</i> 12:30PM Mahjong 1PM Chair Volleyball	5 10AM Coffee & Donuts 12:30PM Cards	6 10AM Silver Sneakers 1PM Movie
9 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	10 <i>9:30AM Walking Wonders (@ECP)</i> 10AM Beg. Mahjong 1PM Paint with Jill	11 10AM Silver Sneakers <i>10AM Coffee @ Cahoon</i> 11AM-1PM Tech Support 12:30PM Mahjong 1PM Bingo	12 10AM Book Club 10AM Sweet Talk w/ Bob 12:30PM Cards 1pm Brain Boot Camp <i>Meet & Eat at Jake's on the Lake</i>	13 10AM Silver Sneakers 1PM Movie
16 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	17 <i>9:30AM Walking Wonders (@ECP)</i> 10AM Beg. Mahjong	18 10AM Silver Sneakers <i>10AM Coffee @ Cahoon</i> 11AM-1PM Tech Support 12:30PM Mahjong 1PM Chair Volleyball	19 9:30-11AM BP Screen 10AM Coffee & Donuts 10:30AM Discussion Group 12:30PM Cards <i>6:30PM Gazebo Concert</i>	20 10AM Silver Sneakers 11AM Ice Cream Social 1PM Movie
23 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	24 <i>9:30AM Walking Wonders (@ECP)</i> 10AM Beg. Mahjong 10AM Library Series 12PM Lunch & Learn	25 10AM Silver Sneakers <i>10AM Coffee @ Cahoon</i> 12:30PM Mahjong 1PM Bingo	26 <i>10AM Library Field Trip</i> 12:30PM Cards	27 10AM Silver Sneakers 12PM Movie & Lunch (Wicked)
30 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle			<i>Italics/Blue=off site</i>	

 JULY				
Mon.	Tue.	Wed.	Thu.	Fri.
	1 <i>9:30AM Walking Wonders @Miller Nature Preserve</i> 10AM Beg. Mahjong 1PM USA Flag	2 10AM Silver Sneakers <i>10AM Coffee @ Cahoon</i> 12:30PM Mahjong 1PM Chair Volleyball	3 10AM Coffee & Donuts 12:30PM Cards	4 Senior Center Closed Happy 4th!
7 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	8 <i>9:30AM Walking Wonders @Miller Nature Preserve</i> 10AM Beg. Mahjong	9 10AM Silver Sneakers <i>10AM Coffee @ Cahoon</i> 11AM-1PM Tech Support 12:30PM Mahjong 1PM Bingo <i>Day Trip: Crushers Game (meet at Stadium)</i>	10 10AM Book Club 10AM Sweet Talk w/ Bob 11:30PM Pizza & Bingo 12:30PM Cards	11 10AM Silver Sneakers 1PM Movie
14 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle <i>Day Trip: Lady Caroline</i>	15 <i>9:30AM Walking Wonders @Miller Nature Preserve</i> 10AM Beg. Mahjong	16 10AM Silver Sneakers <i>10AM Coffee @ Cahoon</i> 12:30PM Mahjong 1PM Chair Volleyball	17 9:30-11AM BP Screen 10AM Coffee & Donuts 10:30AM Discussion Group 12:30PM Cards <i>6:30PM Gazebo Concert</i>	18 10AM Silver Sneakers 1PM Movie
21 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	22 <i>9:30AM Walking Wonders @Miller Nature Preserve</i> 10AM Beg. Mahjong 10AM Library Series	23 10AM Silver Sneakers <i>10AM Coffee @ Cahoon</i> 11AM-1PM Tech Support 12:30PM Mahjong 1PM Bingo	24 12:30PM Cards <i>Day Trip: Guardians Game</i>	25 10AM Silver Sneakers 1PM Movie
28 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle **1PM Newsletter Folding**	29 <i>9:30AM Walking Wonders @Miller Nature Preserve</i> 10AM Beg. Mahjong	30 10AM Silver Sneakers <i>10AM Coffee @ Cahoon</i> 12:30PM Mahjong 1PM Chair Volleyball **Sign-ups for Aug/Sept. Begin**	31 <i>10AM Library Create Space (meet at Library)</i> 12PM Lunch & Learn 12:30PM Cards	August 1 Podiatrist 11AM <i>Italics/Blue=off site</i>

TRIPS & OUTTINGS

Father's Day Meet & Eat: Jake's on the Lake

Thursday, June 12
11:00AM

Let's get together for a pre-Father's Day lunch to celebrate all the dads! We will meet for lunch at Jake's on the Lake (32485 Lake Road, Avon Lake). Family Style Food & Spirits. The restaurant will accommodate separate checks. **This is not a bus trip – meet at a restaurant.*

Fee: Reservation deposit of \$5/ person payable in cash, which will be returned to you upon arrival at the restaurant.

Deadline: June 5, space is limited

Meet & Learn: Avon Library Field Trip

Thursday, June 26
10:00AM

Avon Library has so many wonderful resources right here in our community. Join the library staff for a guided tour to learn about all the resources available such as books, e-resources, meeting rooms, create space area, outdoor reading garden and much more! Tour is approximately 30 minutes.

We will meet at the **Avon Library 37485 Harvest Dr. Avon**

Fee: FREE

Deadline: June 19
Call Avon Senior Center to register



Lake Erie Crushers Game

Wednesday, July 9
11:30AM-3:00PM

Meet me at the Ballgame here in our beautiful City of Avon. Experience a Crushers game like never before in a VIP Club Level Session which offers shaded seats, private location on the 2nd level, high top & stadium seats and a 90-minute buffet! Watch the Lake Erie Crushers take on the Schaumburg Boomers, first pitch is at 12:05PM. Lunch is served at 11:30AM. The price includes game ticket, parking, food & select beverages.

Meet at the Crushers Stadium 2009 Baseball Blvd. Avon, at 11:20AM.

Fee: \$40/person residents, \$45/ person non-residents. Parking voucher provided.

Deadline: June 25

Lady Caroline Lunch Cruise

Monday, July 14
10:30AM-2:30PM



All Aboard!
There's no better way to experience the Northcoast than with Lady

Caroline. Join us as we cruise along Lake Erie and the Cuyahoga River to see many downtown sights as you enjoy a delicious buffet lunch. We will leave the Senior Center at 10:30AM and will board the boat at 11:00AM. The boat will cruise from 12PM-2PM and lunch will be served as you are cruising along. Seats will be in a covered area, this cruise is RAIN or SHINE. We will arrive back to the Senior Center around 2:30PM.

Don't forget to dress for the weather and don't forget your sunscreen

Fee: \$72/person resident, \$77/ person non-resident

Deadline: June 30



Guardians Game

Thursday, July 24
11:30AM-5:00PM

Take me down to the ballgame! We will head down to Progressive Field for an afternoon game against the Baltimore Orioles. We will leave the Senior Center at 11:30AM and drop everyone off at the entrance of the ballpark. You will have time to walk around the park before the first pitch at 1:10PM. Tickets are Club Level seats with all day buffet included (price includes game ticket and food and beverage). After the game and a Guardians WIN, we will board the bus and head back to the Senior Center.

Don't forget to dress for the weather and don't forget your sunscreen.

Fee: \$115/person residents, \$120/ person non-residents

Deadline: July 17

JKL Tours Back by Popular Demand!

Please watch for our August/ September newsletter as we will be partnering with JKL TOURS to restart our Travel Program. We are considering day trips to Historic Church Tours of Cleveland, Ohio's unique Amish Country, The Covered Bridges of Ashtabula County in Fall, Historic and Ethnic Cleveland Tours and more. JKL TOURS has provided many trips for the Avon Senior Center since 2006 and we are looking forward to traveling together as a group again. Watch for more details!

EXERCISE

Chair Yoga

Mondays
9:00AM-10:00AM

Gentle form of yoga that's done while seated or using a chair for balance.

SilverSneakers

Mondays, Wednesdays, Fridays
10:00AM-11:00AM

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a SilverSneakers ball are offered for resistance. A chair is available if needed for seated or standing support.



Chair Volleyball

1st, 3rd (and sometimes 5th)
Wednesdays
1:00PM-2:15PM



Walking Wonders **NEW!**

Tuesdays
9:30AM

Join us on Tuesdays to walk at various trails in our beautiful City! All paces are welcome. Please note some locations have trails with various surfacing types. Walker can choose how many laps they would like to do. Don't forget your water.

Location: **JUNE** @ Every Child's Playground 36265 Detroit Rd, meet at Fitness Court (Blue) park is located by the Pool; **Surface:** Crushed Gravel & Pavement (approx. 0.85 miles)

JULY @ Miller Nature Preserve 2739 Center Rd., meet at parking lot

Surface: Crushed Gravel (up to 2.1 miles)

Register at the Avon Senior Center!

SAVE THE DATE

New Class starting in August!

Joint, Strength & Flexibility Class

Thursdays
2:30PM

This one-hour class will improve joint mobility while emphasizing on building strength, increasing flexibility, posture and muscular strength.

AUGUST 7-28 (4 weeks) \$24 residents, \$26 non-residents

Avon Parks & Rec



There are a lot of great programs through our Parks and Recreation

Department. Residents can choose from a variety of classes and programs like yoga, performing arts, dance, basketball, and much more. For an up to date list of programs for grandkids and families, please scan QR code.



University Hospitals Golden Shoe Walking Challenge **NEW!**

Tuesdays, for 8 weeks (Starting Tuesday, July 8-August 26)
7:30AM

There will be a quick talk on different topics and then walk the track. The early time was chosen because it will be cooler in the summer in the early morning and also will allow the participants to park in the lot by the pond before patients arrive for appointments.

Walkers will earn one raffle ticket for each walk that they attend. Additional opportunities to earn tickets will also be provided. You will get this information when you sign up. There will be prizes awarded at the end of the challenge!

The final opportunity to get a ticket will be to attend the North Olmsted Senior Center Health Fair on Wednesday, August 27 between 11:30am-1:30 pm. (Free BP, cholesterol and glucose screenings will be provided).

Location: St John Medical Center Walking Track - 29000 Center Ridge Rd, Westlake (Look for parking by the pond)

Register at the Avon Senior Center!

HEALTH & WELLNESS

Monthly Discussion Group with Carrie

Group discussion facilitated by Staff Social Worker, Carrie Rae

**Thursday, June 19
10:30AM**

Coping with Tragic News and Events

**Thursday, July 17
10:30AM**

Keeping Older Adults Safe at Home

Register: Call one day prior to 440-934-2417

Sweet Talk with Bob (Sweets Included)

Bob Piovarchy, Far West Center's Senior Strong Program, will present ways to manage challenges seniors face and identify healthy coping options. Senior Strong's goal is to inform and increase awareness of challenges the older adult community faces. Come and enjoy some educational information and a sweet treat to help improve your life and enhance your mental health.

**Thursday, June 12
10:00AM**

The impact of loneliness upon one's mental and physical health

Fee: FREE

Deadline: June 5

**Thursday, July 10
10:00AM**

Creativity's role in improving one's mental health

Fee: FREE

Deadline: July 3

Pool Membership Meet & Learn

**Wednesday, June 4
11:00AM-12:00PM**

Do you have SilverSneakers or United Healthcare Renew Active program through your healthcare membership plan? If so, you can receive a FREE pool membership for the City of Avon Aquatic Facility! Come meet our pool management team to explain how to receive this membership and answer any questions you may have about the membership and other pool related questions. Light refreshments will be served!

Deadline: June 4



Brain Bootcamp NEW!

**Thursday, June 12
1:00PM**

A revolutionary research-based fitness program to exercise the brain by combining mental and physical training in a fun, 45-minute class, which helps improve memory, focus, and concentration. The class will be done seated and standing. Delicious brain healthy snacks will be served!

Instructor: Lana Seval with Kemper House

Fee: FREE

Deadline: June 5

Blood Pressure/Health Check presented by UH Community Outreach

**Thursdays, June 19 & July 17*
9:30AM-11:00AM**

UH Community Outreach Team will be on site to provide blood pressure screenings on the 3rd Thursday of every month from 9:30AM-11:00AM. No registration required.

Fee: FREE

**Earn a raffle ticket for Golden Shoe Walking Challenge*

Podiatrist

**Friday, August 1
11:00AM**

Dr. Hosking will be here for those who want foot care

Pre-registration REQUIRED

**Call Dr. Hosking's office
440-282-1312**

T3 Performance

**T3
PERFORMANCE**

T3 Performance offers seniors free access to their gym, fitness equipment, turf field and hard courts with any Silver Sneakers, Silver & Fit, Active & Fit or Renew Active membership. Simply bring your member ID # up to the front desk at either building to get started!

Personal Training services are also available with T3 expert coaches in 30-minute or 60-minute sessions, starting at \$45/session.

Location: 1965 Recreation Lane (near Crushers Stadium and YMCA).

**For more information call
440-934-2244.**

REFUND/CANCELLATION POLICY FOR PROGRAMS, EVENTS AND TRIPS: Programs may be cancelled and refunded if minimum participation is not met. If you need to cancel a paid event, you may receive a refund if you cancel before the "registration deadline" listed in the newsletter for that event/trip (if over \$5). Refunds for \$5.00 or less will not be processed. After the "registration deadline" date we are unable to process refunds unless there is a wait list and the spot is filled and paid for by another patron. All registration changes and/or cancellations must go through senior center staff. Senior center staff reserves the right to deny access to any program to anyone not on the registration list. Trip refund and cancellation policy is 30 days before the date of trip unless otherwise stated. Trips are noted with return times as accurately as possible, with information supplied by the contact at host locations. Things happen — please be flexible. We apologize in advance if a trip runs later than expected.

EDUCATIONAL & TECHNOLOGY

LECTURES WITH NANCY HAAS

NEW!

Civil War Nurses

Tuesday, June 3
1:00PM

Female Civil War Nurses defied societal norms to meet a need for the care of wounded and dying soldiers. In the 1860's women did not dare work outside the home without severe damage to their families' reputations. Yet thousands of women served in the new Army Nursing Corps as volunteers and left their homes and risked their own health to care for the wounded and ill. Come learn about these fascinating women!

Topics will include:

- Role and duties of Civil War Nurses
- Types of hospitals and conditions
- Information on famous nurses their accomplishments during and post the war i.e., Dorothea Dix, Clara Barton, Lousia May Alcott as well as several with Ohio connections who volunteered as nurses
- The impact the Civil War had on birth of US nursing as a profession

Fee: FREE

Deadline: May 30

The United States Star Spangled Banner

Tuesday, July 1
1:00PM

The United States Flag will play a prominent role in the 2026 Semi-quintcentennial 250th anniversary of the United States Declaration of Independence. Learn about "Old Glory's" history, customs and significant role as one of the most iconic symbols in the world.

Fee: FREE

Deadline: June 30

Lunch & Learn: Hotel Victory Sally Tomko, Infinite Helping Hands & Morgan Hammond, Luxe Home Care

Tuesday, June 24
12:00PM

In 1892 the largest hotel in America to date started construction and opened its doors to the public in 1896. This elegant and large hotel was called The Hotel Victory. Located on South Bass Island, near the city of Put-In-Bay, its launch was covered in papers across the nation. For a small sliver in time, the entire country was focused on the grand opening of this never-before-seen hotel. Hear the story of this historic hotel and its ultimate demise.

Fee: FREE

Deadline: June 17

Lunch & Learn: Keeping the Community Flowing Avon Utilities Department

Thursday, July 31
12:00PM

Join the Avon Utilities Department for an informative presentation on Avon's water and sewer systems. Learn how these essential services operate, what impacts your utility bills, practical tips for water conservation at home and much more. Utilities Superintendent Brian Bruce and staff will break down the basics of these systems, address common concerns, and answer your questions in what we hope will be a very informative presentation for everyone. This session is designed to empower you with knowledge of these systems and help you with tips and services available to conserve water at home. Don't miss the chance to connect with the Utilities Department and learn more about what keeps our community flowing.

Fee: FREE (Avon Residents only)

Deadline: July 17

Paint Project with Jill

Tuesday, June 10
1:00PM

Enjoy an afternoon with Jill Smelko from Seniors Helping Seniors with a basic canvas paint project. Bring a friend (the more the merrier), refreshments, treats and painting. All art supplies are included.

Fee: FREE

Deadline: June 3

TECHNOLOGY



Technology Support with Dan

Wednesdays, 6/11, 6/18, 7/9, 7/23
11:00AM-1:00PM

Join Dan White, a technology support volunteer, who will help answer your questions related to your electronic devices (cell phone, iPad, tablet, laptop, etc.). No need to RSVP.

Fee: FREE

SAVE THE DATE

Lunch & Learn: Beatle Mania

Friday, August 15th

We are partnering with North Ridgeville Senior Center to host Dave Schwensen a local historian that will be giving a presentation on the when the Beatles played in concert 59 years ago here in Cleveland at Municipal Stadium and how it brought special moments in music rock music history.

LIBRARY & BOOK CLUB

LIBRARY & SENIORS **NEW!**

Avon Senior Center and Avon Library are partnering to offer some exciting programs both at the Avon Senior Center and Avon Library, join us!

Library Series — History of Cedar Point

Tuesday, June 24
10:00AM

Join Melanie Potraz from the Lorain Public Library, Avon Branch to learn all about the history of Cedar Point! Take a walk down memory lane as we go through the different rides that have come and gone throughout Cedar Point's 155-year history. The presentation will include historical photos, historical facts, videos, and a small quiz. Kick off this summer by reminiscing on all the rides and getting inspiration for your next Cedar Point trip!

Location: Senior Center Main Hall

Fee: FREE

Deadline: June 17

Library Series — E-Resources

Tuesday, July 22
10:00AM

Join Melanie Potraz from the Lorain Public Library, Avon Branch to learn all about the different E-Resources provided by the library! Are you tired of lugging heavy books to the beach? Do you wish you had more free streaming options for TV shows and movies? Then come and learn all about the different E-Resource options that are available free with your library card! From the Libby App, to Hoopla, to Kanopy and so much more! Melanie will cover how to sign up and use these services; handouts with instructions will be provided.

Location: Senior Center Main Hall

Fee: FREE

Deadline: July 15

Create Space @ Avon Library Heat Press Totes

Thursday, July 31
10:00AM

Come to the Create Space at the Lorain Public Library, Avon Branch to learn about the Cricut machine and how to use heat press vinyl! This class will walk you from start to finish on how to design and cut heat press vinyl to use for projects. The final project for the class will be a tote that you can take home and show off! Come see the endless possibilities that the Create Space has to offer.

Location: Avon Library 37485 Harvest Dr.

Fee: FREE

Deadline: July 24 **Max:** 7

Call Avon Senior Center to register
440-934-2417

Memory Café @ Avon Library

Tuesdays, June-July
6:00PM-7:30PM

A relaxing and comfortable gathering for people living in the early stages of memory loss and their caregivers to connect, socialize and build new support networks. Enjoy meaningful activities that promote social interaction, companionship and learning.

Location: Avon Library 37485 Harvest Dr.

Fee: FREE

Call Avon Library to register
440-934-4743

Fiber Arts Group @ Avon Library

Thursdays, June-July
12:00PM-3:00PM

For new and long-time knitters, crocheters, quilters, and needleworkers. If you have a "UFO" (an Unfinished Object) that you would like to work on with us, bring it or start something new!

Location: Avon Library 37485 Harvest Dr.

Fee: FREE

Call Avon Library to register
440-934-4743

Book Club @ Avon Senior Center

2nd Thursday
10:00AM-11:00AM

We'll read a book every month and discuss it together.

June



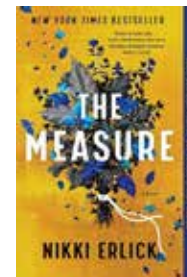
The Second Life of Mirielle West
by Amanda Skenandore

July



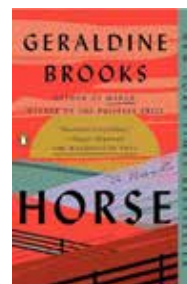
The Postmistress
by Sarah Blake

August



The Measure
by Nikki Erlick

September



Horse
by Geraldine Brooks

Deadline: RSVP before each book club meeting



Avon Senior Center
36786 Detroit Road
Avon, OH 44011



Printed on paper from responsible sources.

Avon Senior Center Staff

Mayor

Bryan K. Jensen

Coordinator

Clare Harasimchuk

440-934-7977

charasimchuk@cityofavon.com

Activity Planner

Karen Reppucci

440-934-6452

kreppucci@cityofavon.com

Activity Assistant

Terri Bartolovich

440-934-2417

tbartolovic@cityofavon.com

Transportation

Caryn Tovtin

440-934-7433 (RIDE)

ctovtin@cityofavon.com

Receptionist

Sandy Palmieri

440-934-2417

spalmieri@cityofavon.com

Social Worker

Carrie Rae

440-934-7975

crae@cityofavon.com

Drivers

Bret Bartolovich, Terri Griffore,
Pam Kelly, Mike Kerecz,
Toni Konowal, Timothy Manning,
Michele Richards, Scott Wardrope

Event Set-Up

Michelle Wintrose

Trip Escort

Nancy Gelston

City of Avon

Avon Parks & Rec. Dept. 440-937-6106

Avon Senior Center 440-934-2417

City Hall 440-937-7800

Fire Dept. 440-934-1222 *Non-Emergency Line*

Police Dept. 440-934-1234 *Non-Emergency Line*

Service Department 440-937-5729

Utilities Department 440-937-5740

Freepik.com: Flag, Wheelchair, Phone, June art, July art, Walking Trail

Thistledown Casino Trip

