



The Senior Buzz

NEWSLETTER

APRIL/MAY 2025

Meet Clare: Senior Center Coordinator



Clare Harasimchuk

I am very excited to be serving as the Senior Center Coordinator! I am honored to serve the community and help enhance the lives of our senior residents. I bring 28 years of experience in program development and community engagement, most recently as the City of Avon Parks and Recreation Coordinator for the past seven years.

I am looking forward to working closely with our amazing staff to create enriching programs, organize events, and ensure the Senior Center remains a vibrant and welcoming place for all. Whether it's social activities, educational workshops, or health and wellness programs, I am eager to bring fresh ideas and continue the tradition of excellence in senior services.

I reside in Avon with my husband and our two daughters. Please stop by the Senior Center to say hello and share your ideas—I am looking forward to a bright future together!

Clare Harasimchuk

Looking for Players!

Mahjong

Wednesday Mahjong is looking for experienced players to join them.

Poker Players

Thursday Cards is looking for poker players to join them.

Trivia Enthusiasts

Looking to build a team of Trivia Enthusiasts for Mind Challenge.

Go to the following website and check it out: <https://themindchallenge.com/>.

SENIOR CENTER CLOSED:

FRIDAY, APRIL 18

Good Friday

MONDAY, MAY 26

Memorial Day



REMINDER

When changing your clocks for daylight saving time, remember to also change the batteries in your smoke and carbon monoxide detectors.





How do I become involved at the Avon Senior Center?

All are welcome to register for participation at the Avon Senior Center and there is no fee to join! While some services are available only to Avon residents, our programming is designed for anyone, resident and non-resident, ages 55 and older. If you need a key tag, please stop by the front desk to have one assigned to you. Please remember to check in with your key tag at the kiosk every time you enter the building. This helps us keep track of attendance and interest in programming! You can register for activities online at <https://myactivecenter.com/signup> (activities or trips that have a fee are not eligible for online registration).

Wilbur Cahoon House Museum
2940 Stoney Ridge Road



Museum is OPEN

CLOSED SUNDAY, 4/20/25

MUSEUM OPEN APRIL 9TH - NOVEMBER 30TH

WEDNESDAYS 11:00 A.M. - 1:00 P.M.
&
SUNDAYS 1:00 P.M. - 3:00 P.M.

Visit www.cityofavon.com/parks for up to date information, hours are subject to change

Newsletter Subscription Information

- The newsletter subscription fee for 2025 is \$15/household. Subscriptions are on a 12-month renewal.
- The mailing label on your newsletter will show your expiration date.
- Those wanting the newsletter emailed can subscribe to our e-newsletter for free.
- There is no form to fill out for newsletter subscriptions. Just stop in or mail a check for \$15, payable to **City of Avon** and write "newsletter" on the memo line. Credit card payments also accepted.

Lock Boxes

Lock box applications are available at the Senior Center. After your application is processed, the Fire Department will contact you for installation. The cost is \$35.

Durable Medical Equipment Loans

Avon residents can borrow donated medical equipment on a short-term, temporary basis while recuperating from surgery or an injury. **A security/damage deposit per item is required to be paid by credit card or check.** Wheelchairs, transport chairs and rollators require a **\$100 deposit**, and all other equipment is **\$40**. Deposits are refunded after equipment is returned in the same condition as when it was loaned. Items kept longer than three months forfeit security deposit. Residents must call the senior center to check inventory. No drop-ins.

RESOURCE SPOTLIGHT:

2-1-1 First Call for Help



**United Way
of Greater Lorain County**

2-1-1 First Call for Help through United Way of Greater Lorain County is a valuable resource for Lorain County residents. First Call for Help is a free, confidential referral service available 24 hours a day, 7 days a week. They assist individuals with accessing important information and resources pertaining to numerous service categories. Some of First Call for Help's extensive Community Resource Database includes:

- Food Pantries
- Healthcare
- Housing & Shelter
- Jobs & Public Benefits
- Legal & Tax Issues
- Mental Health
- Substance Abuse
- Tax Preparation Assistance
- Transportation
- Utilities

Visit 211lorain.org to search for resources, services, and support. First Call for Help staff is available to assist you 24 hours a day, 7 days a week at 2-1-1 or 800-275-6106.

EMPLOYEE SPOTLIGHT:

Driver Mike Kerecz



Mike Kerecz

He retired from Ford 18 years ago and wanted to do something during retirement. The Senior Center gives him flexibility, he works 2-3 days a week. "It is the best job I ever fell into!" Says Mike. "I go to work and see my friends. Everyone at the center clicks together."

Mike enjoys hearing the stories that he will hear while he is driving. "It is like having a friend in the car. I treat them the way I would want to be treated and the way I would want my family to be treated. I truly enjoy it!" You may have noticed that Mike was gone for a little while in February. He went on his very first cruise to see the Mayan Pyramids with his wife. Be sure to ask him to share some of his stories!

Thank you Mike for all that you do for the Avon Senior Center!

One of the valuable services that are offered at the Avon Senior Center is Transportation. Part of what makes this service so valuable are the drivers that take special care when picking up and dropping off at appointments or errands. One of those special drivers is Mike Kerecz. Mike has been a driver with the Avon Senior Center for over 11 years.

TRANSPORTATION FAST FACTS

- Service is available for Avon residents age 55+ only
- Service is available Monday-Friday 8:30 am-2:30 pm
- Drivers must return to center by 2:30 pm
- Transportation to medical appointments outside of Avon are available (downtown main campus, Strongsville, Parma, VA Hospitals etc). Appointments should be made in the morning as drivers need to report back to the Senior Center by 2:30 pm. *Must allow for travel time.*
- Curb to curb service. If assistance is needed, an escort that is 18 and over is permitted.
- No pets
- No charge for service and no tipping
- For more information, call Caryn Tovtin, transportation scheduler, at 440-934-7433.



T3 Performance

T3 Performance offers seniors free access to their gym, fitness equipment, turf field and hard courts with any Silver Sneakers, Silver & Fit, Active & Fit or Renew Active membership. Simply bring your member ID # up to the front desk at either building to get started!

Personal Training services are also available with T3 expert coaches in 30-minute or 60-minute sessions, starting at \$45/session.

T3 is located at 1965 Recreation Lane (near Crushers Stadium and YMCA). For more information call 440-934-2244.

University Hospitals inside T3

UH Drusinsky Sports Medicine primary care and orthopedic specialists are now seeing patients at the T3 location in Avon, with offices located alongside the volleyball and basketball courts, turf field and weight room. X-ray and physical therapy services are also available.

For more information or to make an appointment, visit UHsports.org.



BINGO

1:00PM*

April

Wednesday, April 9
Wednesday, April 23

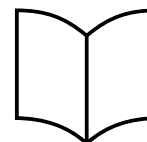
May

Wednesday, May 14
Wednesday, May 28

* Please RSVP for each Bingo event no later than 2 days prior.

Sponsored by Northridge Health Center and The Woods on French Creek.

Second Thursday Book Club



10AM – 11AM*

We'll read a book every month and discuss it together.

April

A New Earth: Awakening to Your Life's Purpose by Eckhart Tolle

May

Beautiful Ugly by Alice Feeney

June

The Second Life of Mirielle West
by Amanda Skenandore

July

The Postmistress
by Sarah Blake

* Please RSVP before each book club meeting.



There are a lot of great programs through our Parks and Recreation Department. Residents can choose from a variety of classes and programs like yoga, performing arts, dance, basketball, and much more. For an up to date list of programs for grandkids and families, please scan QR code.





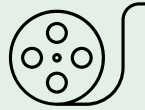
APRIL

Mon	Tue	Wed	Thu	Fri
	1 10AM Beg. Mahjong	2 9:30-11AM T3 Walking No Silver Sneakers 12:30PM Mahjong 1PM Chair Volleyball	3 10AM Coffee & Donuts 12:30PM Cards	4 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Movie
7 No Chair Yoga 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Pinochle 3:15PM-4PM Tech Support	8 10AM Beg. Mahjong 12PM Lunch & Learn: State of the City with Mayor Jensen	9 9:30-11AM T3 Walking No Silver Sneakers 10AM Coffee @ Cahoon 11AM-1PM Tech Support 12PM Health Fair 12:30PM Mahjong 1PM Bingo	10 10AM Book Club 10AM Sweet Talk w/ Bob 11:30AM Pizza & Bingo 12:30PM Cards	11 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Movie
14 9AM Chair Yoga 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Pinochle	15 10AM Beg. Mahjong Day Trip: Jack Thistledown	16 9:30-11AM T3 Walking 10AM Silver Sneakers 10AM Coffee @ Cahoon 12:30PM Mahjong 1PM Chair Volleyball	17 10AM Coffee & Donuts 10:30AM Discussion Group 12:30PM Cards	18 No T3 Walking Senior Center Closed
21 9AM Chair Yoga No T3 Walking 10AM Silver Sneakers 1PM Pinochle	22 10AM Beg. Mahjong 12PM Lunch & Learn	23 No T3 Walking 10AM Silver Sneakers 10AM Coffee @ Cahoon 11AM-1PM Tech Support 12:30PM Mahjong 1PM Bingo	24 12:30PM Cards 1PM Dyngus Day Celebration	25 No T3 Walking 10AM Silver Sneakers 1PM Kentucky Derby Hats No Movie
28 9AM Chair Yoga 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Pinochle 3:15PM-4PM Tech Support	29 10AM Beg. Mahjong	30 9:30-11AM T3 Walking 10AM Silver Sneakers 10AM Coffee @ Cahoon 12:30PM Mahjong 1PM Chair Volleyball		

				
Mon	Tue	Wed	Thu	Fri
			1 10AM Coffee & Donuts 12:30PM Cards 1PM Run for the Roses Mix & Mingle	2 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Movie
5 9AM Chair Yoga 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Pinochle Meet & Eat at Mezquite Mexican Kitchen and Bar	6 10AM Beg. Mahjong 1PM Nature Pam 3:15PM-4PM Tech Support	7 9:30-11AM T3 Walking 10AM Silver Sneakers 10AM Gold & Silver Buying Event 10AM Coffee @ Cahoon 12:30PM Mahjong 1PM Chair Volleyball	8 10AM Book Club 10AM Sweet Talk w/ Bob 12:30PM Cards Meet & Eat at Cooper's Hawk Winery	9 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Movie
12 9AM Chair Yoga 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Pinochle	13 10AM Beg. Mahjong 12PM Lunch & Learn	14 9:30-11AM T3 Walking 10AM Silver Sneakers 10AM Coffee @ Cahoon 11AM-1PM Tech Support 12:30PM Mahjong 1PM Bingo Day Trip: Guardian Game	15 9:30-11AM BP Screen 10AM Coffee & Donuts 10:30AM Discussion Group 12:30PM Cards	16 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Movie
19 9AM Chair Yoga 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Pinochle 1PM Newsletter	20 10AM Beg. Mahjong 3:15PM-4PM Tech Support	21 9:30-11AM T3 Walking 10AM Silver Sneakers 10AM Coffee @ Cahoon 12:30PM Mahjong 1PM Chair Volleyball	22 12:30PM Cards 1PM Memorial Day Bingo	23 9:30-11AM T3 Walking 10AM Silver Sneakers 1PM Movie
26 Senior Center Closed	27 10AM Beg. Mahjong 1PM Birthday Celebration	28 10AM Silver Sneakers 10AM Coffee @ Cahoon 11AM-1PM Tech Support 12:30PM Mahjong 1PM Bingo	29 12:30PM Cards	30 10AM Silver Sneakers 11AM Podiatrist 1PM Movie

Movie Fridays

FRIDAYS, 1:00PM



Friday, April 4

Back in Action — Former CIA spies Emily and Matt are pulled back into espionage after their secret identities are exposed.

Rated: PG-13 (1HR 54MIN)

Friday, April 11

La Dolce Villa — A successful businessman travels to Italy to stop his daughter from spending all her money to restore an old villa, but Italy has other romantic plans. Rated: TV-14 (1HR 39MIN)

Friday, April 18 - No Movie

Friday, April 25 - No Movie

Friday, May 2

Conclave — When Cardinal Lawrence is tasked with leading one of the world's most secretive and ancient events, selecting a new Pope, he finds himself at the center of a conspiracy that could shake the very foundation of the Catholic Church. Rated: PG (2HR)

Friday, May 9

Cordially Invited — When two weddings are double-booked at the same venue, the father of one bride and the sister of the other bride try to preserve the wedding weekend. Rated: R (1HR 49MIN)

Friday, May 16

Taking Chance — Based on real-life events, Lt. Col. Michael Strobl, a volunteer military escort officer, accompanies the body of 19-year-old Marine Chance Phelps back to his hometown of Dubois, Wyoming. Rated: TV-PG (1HR 17MIN)

Friday, May 23

American Graffiti — A group of teenagers in California's central valley spend one final night after their 1962 high school graduation cruising the strip with their buddies before they pursue their varying goals. Rated: PG (1HR 52MIN)

Friday, May 30

Bull Durham — A fan who has an affair with one minor-league baseball player each season meets an up-and-coming pitcher, and the experienced catcher assigned to him. Rated: R (1HR 47MIN)

- Seating is limited — please RSVP for movies, 440-934-2417.
- You must be present and seated no later than 12:55 PM or you forfeit your seat to a walk-in.
- To prevent disruptions, no one will be admitted into the movie after 1:05 PM.

Snack sponsored by Embassy of Rockport (1st Friday) & Seniors Helping Seniors (3rd Friday).

Programs

Technology Support with Sam

3:15PM-4:00PM

Monday, April 7 & 28

Tuesday, May 6 & 20

Technology Support with Dan

11:00AM-1:00PM

Wednesday, April 9 & 23

Wednesday, May 14 & 28

Join Sam Cecil and Dan White, technology support volunteers, who will help answer your questions related to your electronic devices (cell phone, iPad, tablet, laptop, etc.).

There is no cost for this service. No need to RSVP.

Monthly Discussion Group with Carrie

10:30AM

Thursday, April 17

Grief and Loss

Thursday, May 15

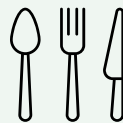
Health and Wellness

Group discussion facilitated by Staff Social Worker, Carrie Rae.

RSVP by the day before the group to 440-934-2417.

Senior Supper Club

Seniors can eat at the cafeteria of St. John Medical Center's Terrace View Café for a discount. Anyone



over 60 can pick up a card from the front desk and receive a 40% discount on all food items (except bottle beverages and "Simply to Go" items).

There is a \$10 limit.

Events Calendar

Midday Yoga (Adults & Seniors)

Wednesdays, March 19-April 16
12:00PM-12:45PM

Looking to rejuvenate your mind and body midday? This all-levels class offers a space for grounding, aligning, balance and movement. Drawing from an eclectic variety of forms we will stretch, condition, and move energy through our bodies and reset. This midday movement reset offers an inclusive space that focuses on your stretches and breathing versus power and calories burned.

Instructor: Heather Gilliespie, 200 Hour Certified Yoga Instructor

Location: Avon Isle (37080 Detroit Rd.)

Register online with Parks & Rec at www.avonrec.activityreg.com or call to register 440-937-6106.

Fee: \$45 (NR: \$60)

Indoor Walking @ T3

Mondays, Wednesdays, Fridays
April 2-May 23 (off 4/18, 4/21, 4/23, 4/25)
9:30AM-11:00AM

Start your day off right with open walking at T3! We are partnering with Avon Parks & Recreation & T3 for Indoor Walking at T3 (Building #2). 8 laps = approximately 1 mile. We look forward to seeing you!

No pre-registration: Just need to sign in when you arrive.

Location: T3 Performance (Building #2) 1945 Recreation Lane (next to the YMCA & Crushers Stadium).

Fee: FREE

Lunch & Learn: State of the City with Mayor Jensen

Tuesday April 8
12:00PM

Join us at the Avon Senior Center for a Lunch & Learn with Mayor Jensen where he will discuss the State of the City. This will be an opportunity for Avon Senior Residents ages

55+ to hear topics including city projects and the Income Tax Increase-Issue 3. Joining the Mayor will be representatives from the Finance Department and Safety Forces.

Deadline: April 1, Space is limited.

Fee: FREE

Coffee at the Cahoon House

Wednesdays beginning April 9-through November
10:00AM-11:00AM

Avon Parks and Rec presents coffee, donuts, and tours at the Wilbur Cahoon House Museum. Contact the Avon Senior Center to reserve your spot at 440-934-2417.

Location: Wilbur Cahoon House
2940 Stoney Ridge Road

Fee: FREE

Health Fair

Wednesday, April 9
12:00PM-1:00PM

UH Community Outreach Team will be on site to provide cholesterol, glucose, BP and stroke risk assessments.

Deadline: April 2

Fee: FREE

Sweet Talk with Bob

Thursday, April 10
10:00AM

Understanding Emotions and How to Manage Them

"Sweet Talk with Bob" is part of Far West Center's Senior Strong Program. Bob Piovarchy will present ways to manage challenges seniors face and identify healthy coping options. Sweet treats provided. Senior Strong's goal is to inform and increase awareness of challenges the older adult community faces, improve coping skills to better manage the stressors of aging, and to increase a sense of belonging and contribution in the community. Come and enjoy some educational information and a

sweet treat to help improve your life and enhance your mental health.

Deadline: April 3

Fee: FREE

Pizza & Bingo!

Thursday, April 10
11:30AM

Mangia! Join us for a pizza luncheon & bingo!

Deadline: April 3

Fee: \$5/person

JACK Thistledown Racino – North Randall

Tuesday, April 15
10:00AM-3:30PM

Feeling Lucky? We're heading to Jack Thistledown Racino. We will leave the Senior Center at 10am and drop you off at the door of the casino. You will have all day to have lunch and try your luck at slots, video poker, roulette, blackjack etc. Enjoy lunch at an eatery of your choice. Hours & availability will vary. We will pick everyone up around 3:00pm to head back to the Senior Center.

Deadline: April 8

Fee: \$10/person

Lunch & Learn: History of Put in Bay, South Bass Island, Sally Tomko, Infinite Helping Hands

Tuesday, April 22
12:00PM

Put-In-Bay has been a summer resort for more than 100 years. Today, Put-In-Bay is a vibrant tourist resort complete with bars, hotels, boating, fishing, a national monument, golf cart rentals, caves and much more. Come explore the rich history of this island right in our own backyard!

Deadline: April 15

Fee: FREE

Dyngus Day Celebration

Thursday, April 24
1:00PM

Join us for a "better late than never" Dyngus Day Celebration! Enjoy all your favorite music with the Polka Pirates. The best polka band in town! Dress in red and enjoy an afternoon of good friends & music.

Sponsored by O'Neill Healthcare.

Deadline: April 17

Fee: \$5/person

Kentucky Derby Hats

Friday, April 25
1:00PM

Join us for decorating Kentucky Derby hats that you can wear to "The Run for the Roses" Mix & Mingle on May 1st. Sponsored by Jill Smelko from Seniors Helping Seniors

Deadline: April 18

Fee: FREE

"The Run for the Roses" Mix & Mingle

Thursday, May 1
1:00PM

IT'S TIME TO TALK DERBY! Please join in celebrating a SOUTHERN TRADITION "The Run for the Roses" Mix & Mingle! Enjoy refreshing Mint Julep cocktails (non-alcoholic) and a Southern snack. Ladies, don't forget your hats & gents, grab your bow ties!

Deadline: April 24

Fee: \$5/person

Meet & Eat: Mezquite Mexican Kitchen and Bar

Monday, May 5
11:00AM

Let's get together for a pre-Cinco De Mayo celebration! We will meet for lunch at Mezquite Mexican Kitchen and Bar located at 35846 Detroit Road (Avon Commons). The restaurant will accommodate

separate checks. *This is not a bus trip — meet at the restaurant.

Deadline: April 28, Space is limited.

Fee: Reservation deposit of \$5/person payable in cash, which will be returned to you upon arrival at the restaurant.

Backseat Travels Nature Pam

Tuesday, May 6
1:00PM

Nature Pam will take us on a journey to Sleeping Bear Dunes National Lakeshore. We shall travel to our neighbor to the north, Michigan! Learn about what makes these dunes special. Then dive into the dangers of the Great Lakes and the people who braved to work them. Sign up to attend and find out more about Sleeping Bear Dunes: Sandy Shores & Shipwrecks! Nature Pam includes photojournalism, personal experiences and historical facts in her slideshow presentations that explore our national treasures.

Deadline: April 29

Fee: FREE

Gold & Silver Buying Event

Wednesday, May 7
10:00AM-1:00PM

Gold & Silver Events will be at the Senior Center on Wednesday, May 7 from 10AM to 1PM to give pricing on your gold & silver jewelry, and diamonds that you may no longer want. Unsure of what you have, bring it with you and find out! This may be the perfect time with gold at an all-time high. There is no obligation to sell, and you will be pleasantly surprised at the prices offered!

Call the Senior Center to secure an appointment, walk-ins are welcome.

GOLD – earrings, chains, watches, rings, bracelets, broken items, dental gold, coins, ingots

STERLING SILVER – jewelry, coffee and tea service, flatware, platters, candlesticks

DIAMONDS – and other gems

WATCHES – silver, gold filled, gold, vintage

COINS – silver coins 1964 and earlier and gold coins

Sheila Wayne has been hosting this event for over 12 years with the Avon Senior Center. Any questions??? Feel free to call her at 440-725-9100.

Fee: FREE

Sweet Talk with Bob

Thursday, May 8
10:00AM

Understanding and Managing Depression and Anxiety

"Sweet Talk with Bob" is part of Far West Center's Senior Strong Program. Bob Piovarchy will present ways to manage challenges seniors face and identify healthy coping options. Sweet treats provided. Senior Strong's goal is to inform and increase awareness of challenges the older adult community faces, improve coping skills to better manage the stressors of aging, and to increase a sense of belonging and contribution in the community. Come and enjoy some educational information and a sweet treat to help improve your life and enhance your mental health.

Deadline: May 1

Fee: FREE

Meet & Eat: Cooper's Hawk Winery & Restaurants

Thursday, May 8
11:00AM

In honor of Mother's Day, join us for a luncheon at Cooper Hawk Winery & Restaurants located at 35351 Chester Road in Avon. The restaurant *will accommodate separate checks.*

**This is not a bus trip – meet at a restaurant.*

Deadline: May 1, Space is limited.

Fee: Reservation deposit of \$5/person payable in cash, which will be returned to you upon arrival at the restaurant.

Events Calendar (continued)

Lunch & Learn: Exercise and Longevity

Tuesday, May 13
12:00PM

Join Hannah Bodner from Training for Your 90s for a lunch and learn on Exercise and Longevity. The presentation will cover the definitions of healthspan and lifespan, explain the differences between the two, and provide information about the current health gap in the United States. She will also address falls, chronic health conditions, and the hospitalization rates for these conditions. Hannah will discuss how specific forms of exercise can be used to help prevent chronic disease, assist in managing existing chronic diseases, prevent falls, and improve overall functional mobility and quality of life. There will be time for everyone to go through a few quick functional assessments and learn about what the results of these assessments mean.

Deadline: May 6

Fee: FREE

Guardian Game

Wednesday, May 14
11:30AM– 5:00PM

Take me down to the ballgame! We will head down to Progressive Field for an afternoon game against the Milwaukee Brewers. We will leave the Senior Center at 11:30AM and drop everyone off at the entrance of the ballpark. You will have time to walk around the park before the first pitch at 1:10PM. Tickets are **Club Level** seats with all day buffet included (price includes game ticket, transportation and all food and beverages). After the game and a Guardians WIN, we will board the bus and head back to the Senior Center.

Deadline: May 7

Fee: \$115/person residents,
\$120/person non-residents

Blood Pressure/ Health Check

Thursday, May 15
9:30AM-11:00AM

UH Community Outreach Team will be on site to provide blood pressure screenings on the 3rd Thursday of every month from 9:30AM-11:00AM beginning on May 15th. No registration required.

Fee: FREE

Newsletter Folding

Monday, May 19
1:00PM

Sponsored by Busch Funeral Home

Memorial Day “Bingo” Celebration

Thursday, May 22
1:00PM

What better way to “Honor All Who Served” but a good old fashion Memorial Day bingo game! Join us for a fun filled afternoon. Prizes & giveaways galore! Refreshments served. Sponsored by Jill Smelko from Seniors Helping Seniors.

Deadline: May 15

Fee: FREE

Birthday Celebration

Tuesday, May 27
1:00PM

Music & trivia provided by DJ Chop (aka Gary Chopinski). Sponsored by Infinite Helping Hands.

Deadline: May 20

Fee: \$5/person

Podiatrist

Friday, May 30
11:00AM

Dr. Hosking will be here for those wanting foot care.

Pre-registration REQUIRED.

Call: Dr. Hosking's office at
440-282-1312.

Summer Concert Series @ Heritage Square Gazebo

Bring your camping chair and enjoy an evening of live music!

3rd Thursday June-September

June 19

6:30PM-8:30PM

Clarence and the Bee Keepers
(Rock/Country)

July 17

6:30PM-8:30PM

Rhythm n Rhyme Barbershop
Quartet & Golden

Cascade Chordsmen Barbershop
Chorus

August 21

6:30PM-8:30PM

Da Land Brass Band
(Jazz, Funk, R&B)

September 18

6:00PM-8:00PM

6 Miles High (All Music Types)

Location: Gazebo located at corner of Detroit Rd & Stoney Ridge Road. Accessible Parking at the Country Store on Stoney Ridge.

Fee: FREE

Save the Date:

Lunch & Learn: Hotel Victory
Sally Tomko, Infinite Helping Hands
Tuesday, June 24

Guardian Game
Thursday, July 24

Details to follow



Backseat travels with Nature Pam



Birthdays Celebration



Zori



Pizza & Bingo



Poker



Snow Day Bingo



Valentine Social



Soup-er Bowl Lunch





Avon Senior Center
36786 Detroit Road
Avon, OH 44011



Printed on paper from responsible sources.

Avon Senior Center Staff

Mayor	Bryan K. Jensen
Coordinator	Clare Harasimchuk 440-934-7977 charasimchuk@cityofavon.com
Activity Planner	Karen Reppucci 440-934-6452 kreppucci@cityofavon.com
Transportation	Caryn Tovtin 440-934-7433 (RIDE) ctovtin@cityofavon.com
Receptionist	Sandy Palmieri 440-934-2417 spalmieri@cityofavon.com
Social Worker	Carrie Rae 440-934-7975 crae@cityofavon.com
Drivers	Bret Bartolovich, Bob Broberg, Terri Griffore Pam Kelly, Mike Kerecz, Toni Konowal, Michele Richards
Event Set-Up	Michelle Wintrode
Trip Escort	Nancy Gelston

City of Avon

Avon Parks & Rec. Dept.	440-937-6106
Avon Senior Center	440-934-2417
City Hall	440-937-7800
Fire Dept.	440-934-1222 <i>Non-Emergency Line</i>
Police Dept.	440-934-1234 <i>Non-Emergency Line</i>
Service Department	440-937-5729
Utilities Department	440-937-5740

Free pik.com: Flag, battery, April art, May art, music art

AVON PARKS & REC PRESENTS

Coffee at the
Cahoon House

Wednesdays
BEGINNING APRIL 9TH!

10:00AM - 11:00AM

OPEN TO ALL AGES

Contact the
Avon Senior Center to reserve your spot
440-934-2417

COFFEE . DONUTS
& TOURS!

2940 Stoney Ridge Rd