



The Senior Buzz

NEWSLETTER

OCTOBER & NOVEMBER 2024



Carmelina Suydam, Avon
Senior Center Coordinator

Dear Friends,

As the leaves begin to change and the air takes on a crisp chill, we're excited to welcome you to the October-November issue of our newsletter. This season is a time for cozy evenings, colorful walks, and cherished moments with friends and family.

Inside, you'll find information on upcoming events, community resources, and ways to get involved. Our Halloween Chili Lunch & Witch bingo is coming up on October 31. We're also having a Veteran's Lunch, Medicare Counseling, festive trips, lunch & learns, crafts and much more. Don't miss our Annual Holiday Party coming up on Wednesday, December 4.

Whether you're a longtime resident or a recent newcomer, we hope this newsletter will provide you with valuable information and opportunities to connect with your neighbors.

We believe that our seniors are a vibrant and essential part of our community, and we're committed to supporting your well-being and quality of life. Thank you for being a part of our Avon Senior Center family.

From all of us at the Avon Senior Center, have a healthy fall and a wonderful Thanksgiving! Be well. See you soon.

Sincerely,

Carmelina Suydam

SAVE THE DATE:

All events held at Every Child's Playground/Avon Aquatic Facility Complex

October 7 Arbor Day Celebration

December 7 Avon Tree Lighting
Presented By: French Creek Foundation

SENIOR CENTER CLOSED:

**Friday, October 11 &
Tuesday, October 15**
Flooring in Office area

Monday, October 14
Columbus Day



**Closing at Noon Wednesday,
November 27**
**Thursday, November 28 &
Friday, November 29**
Thanksgiving

NEWSLETTER VOLUNTEERS

We have a wonderful group of folks who get together for a few hours every other month to fold, seal, and address our newsletter. If you are available and would like to be a newsletter volunteer, please call the Senior Center.

*Newsletter Committee Snacks
Sponsored By:*



RESOURCE SPOTLIGHT:

Neighborhood Alliance



Neighborhood Alliance provides a variety of services to Lorain

County residents including child enrichment, senior enrichment, family support, and emergency shelter. Neighborhood Alliance offers Senior Enrichment Services for older adults including:

Home Delivered Meals (Meals on Wheels):

provides safe and nutritious meals to adults 60 and older in their homes. Dietician approved meals hand delivered to the door by the driver who does a wellness check.

Mobile Senior Program: socialization, activities, medical screening, healthy lunches, and supportive services to meet individual needs.

For more information about Neighborhood Alliance's Senior Enrichment Services, call 440-233-8768 or visit myneighborhoodalliance.org. If you are interested in a referral for Meals on Wheels, call Carrie Rae at 440-934-7975 and she can assist you with making the referral.

Community Resource Services

The City of Avon and Meijer Stores donated \$10,000 in gift cards for Avon seniors affected by the recent storms. Avon senior residents who were impacted by the recent storms and power outage can call Community Resource Services (CRS) at (440) 933-5639 about receiving a Meijer gift card. The focus is on seniors in Avon who lost power and food during the recent storm. CRS has the gift cards, and they are managing this program. CRS staff will speak with everyone who calls to determine their needs as well as assess if they qualify for additional services CRS offers. We do not have any gift cards at the Senior Center. Contact CRS at (440) 933-5639.



UH Elyria Medical Center is looking for Volunteers



Our dedicated volunteers at University Hospitals Elyria Medical Center provide a range of services for patients, families and staff members. They lend a hand, dry a tear, share a smile and truly make a difference. The kindness of each volunteer is immeasurable, and the effects are incredibly pervasive across our entire organization.

Volunteering gives people, outgoing or not, the opportunity to develop and practice social skills by meeting with people who share the same interests and goals. There are many mental benefits of volunteering, but there are physical benefits as well. Volunteering keeps you physically healthy and lessens symptoms or risks of chronic pain, depression, improves heart health, and more. By volunteering to help others, you will also decrease stress and depression.

Where can I apply? www.uhhospitals.org/locations/uh-elyria-medical-center/about/volunteer-services or contact Jennifer Besel, UH Elyria Medical Center Volunteer Services Administrative Assistant at 440-329-7362. Email: jennifer.besel@uhhospitals.org

Ugly Sweater Party



In The Know...

Important Information

According to food service guidelines from the Lorain County Health Department, the City of Avon Senior Center is prohibited from having patrons take prepared food home from our facility. There are no exceptions. Please see Carm with any questions.



Lock Boxes

Lock box applications are available at the Senior Center. After your application is processed, the Fire Department will contact you for installation. The cost is \$35.

Durable Medical Equipment Loans

Avon residents can borrow donated medical equipment on a short-term, temporary basis while recuperating from surgery or an injury. **A security/damage deposit per item is required.** Wheelchairs, transport chairs and rollators require a **\$100 deposit**, and all other equipment is **\$40**. Deposits are refunded after equipment is returned in the same condition as when it was loaned. Items kept longer than 3 months forfeit security deposit. Residents must call the senior center to check inventory. No drop-ins. **For those outside of Avon:** *Neighborhood Alliance offers medical equipment rental for Lorain County residents. Call 440-233-8768 for info.*

Here's What's Going On At The Center...

REGULAR WEEKLY ACTIVITIES

MONDAYS	Chair Yoga	9AM	SILVER SNEAKERS	Monday, Wednesday & Friday	10AM (Not October 11, 14, 16, & 30)
	Pinochle	1PM	COFFEE & DONUTS	1st & 3rd Thursday	10AM (Not October 17)
TUESDAYS	Beginner Mahjong (Not October 15)	10AM	BOOK CLUB	2nd Thursday	10AM
WEDNESDAYS	Paint	10AM	MOVIE DAY	1st & 3rd Friday	1PM
	Mahjong	12:30PM	JIGSAW PUZZLES	Ongoing	
THURSDAYS	Cards	12:30PM	CHAIR VOLLEYBALL	1st & 3rd Wednesday (Not October 16 & 30)	1PM

BINGO

1:00PM*

October

Wednesday, October 9

Wednesday, October 23

November

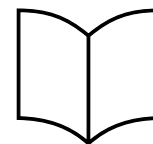
Wednesday, November 13

Wednesday, November 27 – No Bingo

* Please RSVP for each Bingo event no later than 2 days prior.

Sponsored by The Northridge Health Center and the Woods on French Creek. Blood pressure checks will be available.

Second Thursday Book Club



10AM – 11AM*

We'll read a book every month and discuss it together.

October

The Frozen River by Ariel Lawhon

November

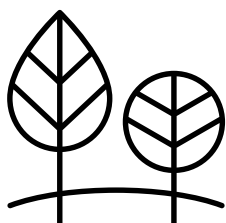
Listen For the Lie by Amy Tintera

December

The Things We Cannot Say by Kelly Rimmer

January – no book club

* Please RSVP before each book club meeting.



Parks & Rec

There are a lot of great programs through our Parks and Recreation Department. Residents can choose from a variety of classes and programs like yoga, performing arts, dance, basketball, and much more. For an up to date list of programs for grandkids and families, please scan QR code.



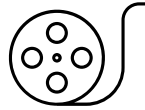
OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
		1 10AM Beg. Mahjong	2 10AM Silver Sneakers 10AM Paint 12:30PM Mahjong 1PM Chair Volleyball	3 10AM Coffee & Donuts 12:30PM Cards	4 10AM Silver Sneakers 1PM Movie	5
6	7 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	8 10AM Beg. Mahjong 1PM Backseat Travels 3:15PM-4PM Tech Support w/ Sam	9 10AM Silver Sneakers 10AM Paint 12:30PM Mahjong 1PM Bingo	10 10AM Book Club 12:30PM Cards 1PM Oktoberfest Celebration	11 Senior Center closed for office renovations	12
13	14 	15 Upper level closed for repairs Senior Center closed for office renovations	16 NO Silver Sneakers 10AM Paint 10AM Exercise Demo w/ Avon PD dog 12:30PM Mahjong NO Chair Volleyball	17 NO Coffee & Donuts 10:30AM Monthly Disc Group 12:30PM Cards JACK Cleveland Casino Trip	18 10AM Silver Sneakers 1PM Movie	19
20	21 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	22 10AM Beg. Mahjong 12PM Lunch & Learn 3:15PM-4PM Tech Support w/ Sam	23 10AM Silver Sneakers NO Paint 9:30AM Gold & Silver Events 11AM-1PM Tech Support w/ Dan 12:30PM Mahjong 1PM Bingo	24 12:30PM Cards A Midsummer Night's Dream Trip	25 10AM Silver Sneakers	26
27	28 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	29 10AM Beg. Mahjong 1PM "Fall" in Love Apple Pie Social	30 NO Silver Sneakers 10AM OSHIP Medicare Counseling 10AM Paint 12:30PM Mahjong NO Chair Volleyball	31 <i>Halloween</i> 11:30AM Halloween Chili Lunch & Witch Bingo 12:30PM Cards		

						
SUN	MON	TUE	WED	THU	FRI	SAT
					1 10AM Silver Sneakers 1PM Movie	2
3	4 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	5 10AM Beg. Mahjong 3:15PM-4PM Tech Support w/ Sam	6 10AM Silver Sneakers 10AM Paint 12:30PM Mahjong 1PM Chair Volleyball	7 NO Coffee & Donuts 11:30AM Veterans Day Lunch 12:30PM Cards	8 10AM Silver Sneakers	9
10	11 <i>Veterans Day</i> 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	12 10AM Beg. Mahjong 1PM Backseat Travels	13 10AM Silver Sneakers 10AM Paint 11AM-1PM Tech Support w/ Dan 12:30PM Mahjong 1PM Bingo	14 10AM Book Club 12:30PM Cards The Granary & Pine Tree Barn	15 10AM Silver Sneakers 1PM Movie	16 Leaf Rake-Up
17	18 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle	19 10AM Beg. Mahjong 1PM Apple Pie Social 3:15PM-4PM Tech Support w/ Sam	20 10AM Silver Sneakers 10AM Paint 11AM Deck the Halls 11AM-1PM Tech Support w/ Dan 12:30PM Mahjong 1PM Chair Volleyball	21 10AM Coffee & Donuts 10:30AM Monthly Disc Group 12:30PM Cards	22 10AM Silver Sneakers 11AM Podiatrist 1PM Holiday wreath craft	23
24	25 9AM Chair Yoga 10AM Silver Sneakers 1PM Pinochle 1PM Newsletter	26 10AM Beg. Mahjong 1PM Quarterly Birthday Celebration	27 10AM Silver Sneakers 10AM Paint Senior Center closing at noon	28 	29	30

Movie Fridays

1ST & 3RD FRIDAY, 1:00PM



Friday, October 4

Thelma — Thelma isn't your average 93-year-old grandmother — she's tenacious, determined, and on a mission. After getting conned by a scammer, she teams up with a friend and his motorized scooter on a wild adventure to take back what's hers. PG-13 (1 HR 38 MIN).

Friday, October 18

Fly Me to the Moon — A sharp, stylish comedy-drama set against the backdrop of NASA's historic Apollo 11 moon landing. Scarlett Johansson, Channing Tatum, Woody Harrelson, Jim Rash, Ray Romano. PG-13 (2 HR 12 MIN).

Friday, November 1

Unsung Hero — The dramatic true story of an immigrant mum and her family. One family's journey from Down Under to center stage. PG (1 HR 52 MIN).

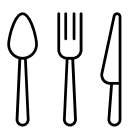
Friday, November 15

The Fabulous Four — 'The Fabulous Four' is an uproarious comedy about a group of life-long friends who travel to Key West to be bridesmaids in the surprise wedding of their best college girlfriend. Over the course of one outrageous trip, sisterhoods are rekindled, the past resurfaces, and there are enough sparks, raunch, and romance to change their lives in unexpected ways. Susan Sarandon, Bette Midler, Megan Mullally, Sheryl Lee Ralph. R (1 HR 38 MIN).

- Seating is limited — please RSVP for movies.
- You must be present and seated no later than 12:55 PM or you forfeit your seat to a walk-in.
- To prevent disruptions, no one will be admitted into the movie after 1:05 PM.

Snack sponsored by O'Neill Healthcare and Embassy of Rockport

Senior Supper Club



Seniors can eat at the cafeteria of St. John Medical Center's Terrace View Café for a discount. Anyone over 60 can pick up a card from the front desk and receive a 40% discount on all food items (except bottle beverages and "Simply to Go" items). There is a \$10 limit.

Programs

Technology Support with Sam

3:15PM-4:00PM

Tuesday, October 8 & 22

Tuesday, November 5 & 19

Please join Sam Cecil, technology support volunteer, who will help answer your questions related to your electronic devices (cell phone, iPad, tablet, laptop, etc.).

There is no cost for this service. No need to RSVP.

Technology Support with Dan

11:00AM-1:00PM

Wednesday, October 23

Wednesday, November 13 & 20

Please join Dan White, technology support volunteer, who will help answer your questions related to your electronic devices (cell phone, iPad, tablet, laptop, etc.).

There is no cost for this service. No need to RSVP.

Monthly Discussion Group with Carrie

10:30AM

Thursday, October 17

Keeping Older Adults Safe at Home

Thursday, November 21

Coping with the Holiday Blues

Group discussion facilitated by Staff Social Worker, Carrie Rae.

RSVP by the day before the group to 440-934-2417.

Events Calendar

October

8 Tuesday

BACKSEAT TRAVELS – MAMMOTH CAVE NATIONAL PARK 1:00PM

Nature Pam will take us on a journey to Mammoth Cave National Park. This park boasts the longest cave system in the world with 426 miles of interconnected caves mapped to date. Exploration of these caves date back to thousands of years. Join us as we explore deep into this national park, past and present. Nature Pam includes photojournalism, personal experiences, and historical facts in her slideshow presentations that explore our national treasures. Refreshments provided.

RSVP by October 1.

10 Thursday

OKTOBERFEST CELEBRATION 1:00PM



Loosen your Lederhosen & join us for an Oktoberfest celebration. Live music provided by the Polka

Pirates. A snack of warm soft pretzels & pub cheese for dipping will be provided.

Cost: \$5/person.

Deadline: October 3.

16 Wednesday

TRACKING EXERCISE DEMONSTRATION WITH OFFICER ZUK AND HUNTER 10:00AM

Meet Officer Zuk and her K9 partner Hunter at Northgate Park (2155 Eaton Drive in Avon) for a moderate walking exercise. Please wear appropriate footwear and dress according to weather conditions. Dressing in layers is recommended & comfortable walking shoes.

We will meet at Northgate Park.

Deadline: October 9.

Snacks sponsored by Embassy of Rockport

Rain date: Wednesday, October 23rd.

Same location & time.

17 Thursday

JACK CLEVELAND CASINO TRIP 10:00AM – 3:30PM



We're heading to JACK Cleveland Casino. We will leave the Senior Center at 10AM and drop you off at the door of the casino. You will have all day to have lunch and try your luck at slots,

table games, poker tables, and electronic table games. We will pick everyone up at around 3pm to head back to the Senior Center.

Cost: \$20/person.

Deadline: Tuesday, October 8.

22 Tuesday

LUNCH & LEARN: UNDERSTANDING MENTAL ILLNESS 12:00PM

Join us for an important discussion on mental health and how it includes our emotional, psychological, and social well-being. It affects how we think, feel and act. It also helps determine how we handle stress, relate to others, and make healthy choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood. A light lunch will be served.

RSVP by October 15. Space is limited.

Sponsored by Wellspring Health Services

23 Wednesday

GOLD & SILVER EVENT 9:30AM – 12:30PM



Bring your items and get a price on jewelry, diamonds, or flatware that you no longer want. Gold & Silver Events is a reputable precious metals dealer that specializes in senior centers, home parties, and school fundraisers. No

obligation to sell! If you have any questions, please call Sheila Wayne at 440-725-9100.

Call the Senior Center to make an appointment and walk-ins are welcome.

24 Thursday

A MIDSUMMER NIGHT'S DREAM AT THE HANNA THEATER 9:00AM – 1:00PM

The woods are the stage for a hilarious whirlwind of mismatched love, mischievous fairies, and theatrical blundering. Shakespeare weaves a comedic tapestry where love's arrows fly wild, mistaken identities create chaos and laughter reigns supreme. Transformed hearts and second chances dance under the moonlight, casting a spell that resonates with audiences across generations. We will leave the senior center at 9AM sharp and return promptly after the show.

Cost: \$35/person.
Deadline: September 23.

29 Tuesday

"FALL" IN LOVE APPLE PIE SOCIAL 1:00PM

Did you know in the nineteenth and twentieth centuries, apple pie became a symbol of American prosperity and national pride? Join us for a warm apple pie a-la-mode social to welcome fall.

Cost: \$5/person. Limited seating available.
Deadline is October 22.

30 Wednesday

MEDICARE COUNSELING WITH OSHIIP 10:00AM – 3:00PM

Medicare counselors from OSHIIP (Ohio Senior Health Insurance Information Program) will be here for Medicare counseling. Call 440-934-2417 to schedule your 1-hour appointment. **You must bring your Medicare card and prescription list to your appointment.**

31 Thursday

HALLOWEEN CHILI LUNCH & WITCH BINGO! 11:30AM – 1:30PM

We're having a delicious chili lunch with your choice of toppings, followed by a spooktacular ice "scream" bar for dessert. We will top off the day with "witch" bingo! Costumes are optional

Cost: \$5/person.
Deadline is October 23.

Chili sponsored by O'Neill Healthcare and Home Instead Senior Care. Dessert sponsored by Embassy of Rockport. Bingo prizes sponsored by The Woods on French Creek.

November

7 Thursday

VETERANS DAY LUNCH 11:30AM

Calling all Vets! We invite you for a free lunch courtesy of O'Neill Healthcare. Spouses/caregivers are welcome to attend for a \$5 charge.

Cost: \$5/person.
Deadline is October 31st.
Sponsored by O'Neill Healthcare and Hospice of the Western Reserve.

12 Tuesday

BACKSEAT TRAVELS – THE COLD WAR 1:00 PM

Nature Pam will take us on a journey to South Dakota and Florida for two amazing Cold War sites preserved by the National Park Service with her program ***The Cold War: Americas Longest War***. From Air Force personnel working deep under South Dakota ranchland to Army personnel living in bright pink buildings. We will explore the home defenses, some of which were closer than you think. Nature Pam's slideshow presentation uses photojournalism to capture the beauty and history of our national parks. Refreshments provided.

RSVP by November 5.

14 Thursday

THE GRANARY RESTAURANT & PINE TREE BARN 9:45AM – 3:00PM

The Granary Restaurant serves scratch-made entrees, soups, pastas, and dessert. It overlooks the Killbuck Valley and 150-acre family Christmas tree farm and lakes. Pine Tree Barn is an award-winning, 3rd generation shopping & dining destination nestled on the edge of Amish country. The Barn features 3 floors of beautiful & unique gifts, a fabulous boutique, furniture and a charming, rustic restaurant. Come and discover something special in the country. We will leave the senior center at 9:45AM for an 11AM lunch, then shop to your heart's content at Pine Tree Barn. We will leave around 2PM to head back to the senior center.

Cost is \$20/person (lunch is on your own).

Deadline: November 4.

Please note: Pine Tree Barn has steps to get to each floor for shopping. No elevator.

Events Calendar *November* continued**16** *Saturday***LEAF RAKE-UP****9:00AM**

Our scout troop and school volunteers are available again this year for seniors who may need assistance with leaf rake up for the fall. Available to low-income seniors 70 and older who live in Avon.

To apply for this service please call 440-934-2417

Deadline: November 8. Space is limited.

19 *Tuesday***"LET'S GIVE THANKS" APPLE PIE SOCIAL****1:00PM**

Join us for a Fall Harvest celebration. Thanksgiving is a time for friends and family to gather and celebrate all the things for which to be thankful. Please join us for a pumpkin pie social as our way of saying "thanks!"

Cost: \$5/person

Deadline: November 12.

20 *Wednesday***DECK THE HALLS OF THE AVON SENIOR CENTER FOR THE HOLIDAYS!****11:00AM**

Come and help us decorate the senior center for the holidays season. Enjoy some holiday cheer and delicious treats for a job well done!

RSVP not necessary. Just show up!

22 *Friday***PODIATRIST****11:00AM**

Dr. Hosking will be here for those wanting foot care.

Pre-registration required.

Call 440-282-1312.

HOLIDAY WREATH CRAFT**1:00PM**

Join us for a fun afternoon making a festive holiday wreath! All materials provided.

Cost: \$15/person

Deadline: November 13.

25 *Monday***NEWSLETTER FOLDING****1:00PM**

Snacks sponsored by Embassy of Rockport

26 *Tuesday***QUARTERLY BIRTHDAY CELEBRATION****1:00PM**

Let's celebrate birthdays! Anyone celebrating a birthday regardless of birthday month is invited to attend.

Entertainment & trivia by DJ Chop.

Cost: \$5/person

Deadline: November 19.

December**4** *Wednesday***ANNUAL HOLIDAY PARTY****11:30AM-1:30PM (DOORS OPEN AT 11:00 AM)**

Our Annual Holiday Party will be at Tom's Country Place; 3442 Stoney Ridge Rd. in Avon. Sit down plated meal includes: Breaded pork chop, cabbage roll, penne pasta with marinara, fancy cut green beans with almonds, salad & dinner rolls, beverage, and dessert.

Cost: \$25/person

Deadline: November 20.

12 *Thursday***A CHRISTMAS CAROL AT MIMI OHIO THEATER****10:00AM-1:30PM**

Open your heart to Charles Dickens' classic tale of one man's ultimate redemption. One of Northeast Ohio's favorite holiday traditions, A Christmas Carol is a perfect gift of theater for children and adults of all ages. We will leave the senior center at 10AM sharp and return promptly after the show.

Cost: \$35/person.

Deadline: November 11.

REFUND/CANCELLATION POLICY FOR PROGRAMS, EVENTS

AND TRIPS: Programs may be cancelled and refunded if minimum participation is not met. If you paid for a program but need to cancel, you may receive a refund if you cancel before the "registration deadline" listed in the newsletter for that event or trip (if over \$5). Refunds for \$5.00 or less will not be processed. After the "registration deadline" date we are unable to process refunds unless there is a wait list and the spot is filled and paid for by another patron. Trip refund and cancellation policy is 30 days before the date of trip unless otherwise stated. **Trips are noted with return times as accurately as possible, with information supplied by the contact at host locations. Things happen — Please be flexible. We apologize in advance if the return time of a trip runs later than expected.**

New flagpole at Senior Center. Avon VFW Flag donation and flag raising ceremony.



Winter Hours & Cold Weather Reminders

- If the weather is very bad, we will cancel all Senior Center activities for the day.
- We do NOT follow the Avon Schools snow policy.
- For folks who are newsletter or e-newsletter subscribers, you will receive an automated phone call indicating that the Senior Center is closed.
- Senior Center staff will be in the office (if possible) as soon as we are able.
- Transportation services and/or trips will run if road conditions are deemed safe.
- Things happen; in the event of phone or technical issues with the automated system, please exercise caution and common sense before leaving the house in inclement weather.



Avon Senior Center
36786 Detroit Road
Avon, OH 44011



Printed on paper from responsible sources.

Avon Senior Center Staff

Mayor	Bryan K. Jensen
Coordinator	Carmelina Suydam, MPA 440-934-2417 csuydam@cityofavon.com
Activity Planner	Karen Reppucci 440-934-6452 kreppucci@cityofavon.com
Transportation	Caryn Tovtin 440-934-7433 (RIDE) ctovtin@cityofavon.com
Receptionist	Sandy Palmieri 440-934-2417 spalmieri@cityofavon.com
Social Worker	Carrie Rae 440-934-7975 crae@cityofavon.com
Drivers	Mike Kerecz, Toni Konowal, Pam Kelly, Bob Broberg, Terri Griffore, Tim Russell, Michele Richards
Event Set-Up	Michelle Wintrode
Trip Escort	Nancy Gelston

City of Avon

Avon Parks & Rec. Dept.	440-937-6106
Avon Senior Center	440-934-2417
City Hall	440-937-7800
Fire Dept.	440-934-1222 <i>Non-Emergency Line</i>
Police Dept.	440-934-1234 <i>Non-Emergency Line</i>
Service Department	440-937-5729
Utilities Department	440-937-5740

Freepik.com: Labor Day, August, September, Happy Birthday, Gold and Silver, Foot, Oktoberfest

AVON PARKS & REC PRESENTS

Coffee at the
Cahoon House

Wednesdays
SEPTEMBER-NOVEMBER
Last Day 11/20/24

10:00AM - 11:00AM

Contact the
Avon Senior Center to reserve your spot
440-934-2417

FREE

COFFEE
&
DONUTS

2940 Stoney Ridge Rd