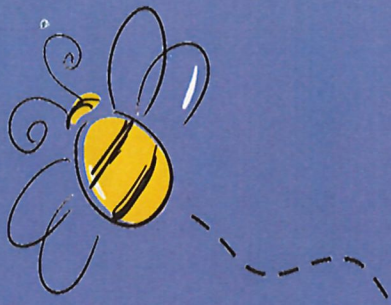




The Senior Buzz

NEWSLETTER

VOLUME 19 ■ APRIL — MAY 2023 ■



Senior Center & City Hall Closed

April 7 — Good Friday
May 29—Memorial Day

Save
the
Date!

**Summer
Picnic!**
Wednesday,
June 21
Details to
follow



Avon Senior Center
36786 Detroit Rd.
Avon, Ohio 44011
HOURS: Monday-Friday
8:00AM—4:00PM
(440) 934-2417

Happy Spring! With the weather showing signs of spring, it's nice to see people beginning to come out of hibernation to enjoy some activities. We have a lot of things going on in the next few months to please every palate.

As we enter into the warmer months, please keep the following reminders in mind:

- Silver Sneakers allows 30 participants per class. When checking in on the kiosk, if the class is full it will indicate that and not allow any more check-ins for that event.
- We ask that you do not come to the senior center for Silver Sneakers any earlier than 9:45AM on Fridays. *Congregating in the stairwell, in the lobby or the office area is not permitted.* It is disruptive to the 9AM Yoga Class, and the lobby and office areas are small (fire hazard) and not conducive for large groups to gather.
- This is also true for trips—please come to the Senior Center no earlier than 15-20 minutes prior to trip departure. This gives everyone plenty of time to check-in, use the restroom and board the bus.
- Remember to RSVP! If a complimentary meal is provided for a specific event we want to make sure we have enough for everyone. Also, if an event is cancelled or modified, the RSVP list allows us to contact everyone.
- In our efforts to reduce the amount of plastic and Styrofoam being thrown away, please bring your own reusable water bottle when coming to the Senior Center.

Finally, a HUGE shout out to Silver Sneakers instructor, Chris Loy, who decided to retire from teaching and spend more time with her husband, daughters and grandchildren. Chris has been teaching our classes since 2008! She is an amazing instructor, always cheerful, positive and full of energy. We are so happy for her—but we will miss her! Congratulations Chris!

Be well. See you soon.

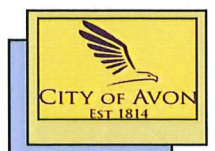
Sincerely,

Carmelina



Carmelina Suydam
Center Coordinator

www.cityofavon.com



PLEASE REMEMBER TO CHECK IN WITH YOUR KEY TAG AT THE KIOSK EVERY TIME YOU ENTER THE BUILDING!
THIS HELPS US KEEP TRACK OF ATTENDANCE AND INTEREST IN PROGRAMMING!

HERE'S WHAT'S GOING ON AT THE CENTER...

Regular Weekly Activities

MONDAYS ~	Pinochle	1 PM
TUESDAYS ~	Beginner Mah Jongg	10 AM
	Hand & Foot	1 PM
WEDNESDAYS ~	Paint	10 AM
	Mah Jongg	12:30 PM
THURSDAYS~	Cards	12:30 PM
FRIDAYS ~	Chair Yoga	9 AM

Silver Sneakers	Mondays & Fridays	10 AM
Coffee & Donuts	1st & 3rd Thursday	10 AM
Book Club	2nd Thursday	10 AM
Movie Day	1st & 3rd Friday	1 PM
Jigsaw Puzzles	Ongoing	

The Avon Senior Center offers financial assistance for seniors in Avon who are in need. The process is simple and confidential. Stop in or call Carm (440-934-2417) or Carrie (440-934-7975).

BINGO

April

Wednesday, April 12

Wednesday, April 26

May

Wednesday, May 10

Wednesday, May 24

1:00 PM

- ◆ RSVP no later than 2 days prior.
- ◆ SPONSORED BY THE NORTHRIDGE, AND AVON PLACE
- ◆ BLOOD PRESSURE CHECKS BY INFINITE HELPING HANDS

SENIOR SUPPER CLUB

Seniors can eat at the cafeteria of St. John Medical Center's Terrace View Café for a discount. Anyone over 60 can pick up a card from the front desk and receive a 40% discount on all food items (except bottled beverages and "Simply to Go" items). There is a \$10 limit.

LOCK BOXES

Lockboxes available at the Senior Center for \$35. After your application is processed, the Fire Department will contact you for installation.

REFUND/CANCELLATION POLICY FOR PROGRAMS, EVENTS AND TRIPS:

Programs may be cancelled and refunded if minimum participation is not met. If you paid for a program but need to cancel, you may receive a refund if you cancel before the "registration deadline" listed in the newsletter for that event/trip (if over \$5). Refunds for \$5.00 or less will not be processed. After the "registration deadline" date we are unable to process refunds unless there is a wait list and the spot is filled and paid for by another patron. Trip refund and cancellation policy is 30 days before the date of trip unless otherwise stated. **Trips are noted with return times as accurately as possible, with information supplied by the contact at host locations. Things happen - Please be flexible. We apologize in advance if the return time of a trip runs later than expected.**

DURABLE MEDICAL EQUIPMENT LOANS

Avon residents can borrow donated medical equipment on a *short-term, temporary basis* while recuperating from surgery or an injury. A cash security/damage deposit per item is required. Wheelchairs and rollators require a \$40 deposit, and all other equipment is \$20. Deposits are refunded after equipment is returned in the same condition as when it was loaned. Residents can call the Senior Center to check inventory. No drop-ins. **For those outside of Avon:** Neighborhood Alliance offers medical equipment rental for Lorain County residents. Call 440-233-8768 for info.

IMPORTANT INFORMATION

- According to food service guidelines from the Lorain County Health Department, the City of Avon Senior Center is prohibited from having patrons take prepared food home from our facility—there are no exceptions. Please see Carm with any questions.

Avon Parks & Recreation Department offers programs and events for all Avon Adults & Children! Programs, Beautiful Parks, FUN Outdoor Pool and much more... Stay connected with Parks & Rec by signing up for e-blasts or feel free to call us directly at 440-937-6106. To sign up, visit www.cityofavon.com, click on Parks & Rec., click on "Stay Connected".



Movie Fridays

1:00 PM

April 7— No movie—Senior Center closed for Good Friday.

April 21— The Gift: A married couple, Simon and Robyn, run into Gordo, an old acquaintance. Things take a turn when Gordo begins to drop in unannounced at their house and inundates them with mysterious gifts. R (1 HR, 48 MIN)

May 5—The Secret: Dare to Dream: Based on Rhonda Byrne's best-seller, this uplifting story follows a young widow (Katie Holmes) and a mysterious man (Josh Lucas) who helps her and her family transform their lives. PG (1 HR, 47 MIN)

May 19— The Hustle: Josephine is a glamorous, seductive Brit with a penchant for defrauding gullible wealthy men. Into her well-ordered world bursts Penny, an Aussie who is as free-form and fun-loving as Josephine is calculated and cunning. Rebel Wilson and Ann Hathaway are a combustible combination as the pair pull out all the stops to swindle a tech billionaire. PG (1 HR 33 MIN)

- ◆ Seating is limited—please RSVP for movies
- ◆ You must be present and seated no later than 12:55 PM or you forfeit your seat to a walk-in.
- ◆ To prevent disruptions, no one will be admitted into the movie after 1:05 PM
- ◆ **Movies sponsored by Independence Village**

Tai Chi Classes

Tuesdays ~ 9:15 AM– 10:30AM

May 16—July 11 (no class July 4)

\$20/person for 8 session series. Checks payable to: "C. Michael Rhoades".



Freestyle Paint Group

Wednesdays

10:00 AM—12:00 PM

Join our small group for a morning of painting and conversation. No formal instruction, but all help each other with tips on projects. Bring your paint project and stop in! No RSVP needed.

Chair Yoga

Fridays

9:00 AM

Classes last approximately 50 minutes and include the essential yoga practices of breath work and relaxation. No RSVP needed just check in at the kiosk when entering the building.

Craft with Kingston

Tuesday, April 4

1:00 PM

Let's get crafty! Joselyn from Kingston along with Phoenix from Visiting Angels will lead you through a fun free craft! Space is limited. RSVP by March 31.

Chair Volleyball

1st, 3rd and (sometimes) 5th Wednesday of the Month

1:00 PM—2:15 PM



Chair Volleyball is a game which has all the rules of competitive volleyball except it is played on a smaller scale. The white leather volleyball is replaced by a beach ball and the strictest rule is to never, ever let your backside leave that seat! RSVP no later than 2 days beforehand. **In May, August & November we will have an extra week of chair volleyball!**

Coffee and Conversation (and Donuts!)

1st and 3rd Thursday of the Month

10:00 AM



Join us for a cup of coffee and a donut and listen to what's going on in the City of Avon from Councilman Craig Witherspoon, as well as other speakers we bring in from time to time. RSVP not necessary. Join us!

Paczk, Pussy Willows, and Polka Pirates!

Thursday, April 6

1 PM

Join us for a pre-Dyngus Day get together for the 3 P's: Paczki, Pussy Willows, and Polka Pirates (or is that 4 P's?). Cost is \$7/person. Deadline is March 30. **Partially sponsored by Infinite Helping Hands.**

Good Friday Holiday

Friday, April 7

Senior Center Closed

Vehicle Technology & Safety

Tuesday, April 11

1 PM

What do all those lights on your dashboard mean? Are they too confusing, so you turn them off? Are you looking to buy a new car and wondering if you'll feel comfortable with the new technologies that are supposed to keep us safer and support our independence? Join Claudia Marovic from the University of Akron for this free workshop to learn about these technologies and leave feeling more confident to use them. Refreshments served. Limited space. RSVP by April 4.

Welcome to Medicare Seminar

Tuesday, April 11

4 PM

- Will you be eligible for Medicare soon?
- Are you on Medicare but still have questions?
- Do you help a family member with Medicare issues?

Learn about Medicare Part A and Part B benefits, the prescription drug benefit (Part D), Medicare Advantage plans, and Medicare supplement insurance. This event, presented by the Ohio Senior Health Insurance Information Program (OSHIIP), is a service of the Ohio Department of Insurance. OSHIIP staff are trained by the state and do not sell or promote any insurance companies, policies or agents. RSVP not necessary.

Second Thursday Book Club

10:00 AM—11:00 AM

We'll read a book every month and discuss it together.

April: The Last Flight by Julie Clark

May: The Perfect Marriage by Jeneva Rose

June:

*Please RSVP before each book club meeting.

Technology Support with SamTuesday, April 4 & 18Tuesday, May 2, 16, & 303:15 PM-4 PM

Please join Sam Cecil, technology support volunteer, who will help answer your questions related to your electronic devices (cell phone, iPad, tablet, laptop, etc.). No cost for this service. No need to RSVP.

Technology Support with DanWednesday, April 12 & 26Wednesday, May 10 & 2411:00 AM-1:00 PM← **NEW TIME!**

Please join Dan White, technology support volunteer, who will help answer your questions related to your electronic devices (cell phone, iPad, tablet, laptop, etc.). There is no cost for this service. No need to RSVP.

Music of the 60's Trivia and LunchMonday, April 1712:00 PM

Joel Keller will be here with some fun music trivia from the 60's! A boxed lunch will be provided. Cost is \$3/person payable by April 10. **Lunch provided by O'Neill Healthcare.**

Monthly Discussion Group with CarrieThursday, April 20: Anxiety in Older AdultsThursday, May 18: Sleep Tips for Older Adults10:30 AM

Group discussion facilitated by Staff Social Worker, Carrie Rae. RSVP by the day before the group to 440-934-2417.

Gold & Silver EventsWednesday, April 2610:00 AM—1:00 PM

Gold & Silver Events will be at the Senior Center in April. Bring your items to get a price on jewelry, diamonds or flatware that you no longer want. Gold & Silver Events is a reputable precious metals dealer that specializes in senior centers, home parties and school fundraisers. No obligation to sell! You can call 440-934-2417 to schedule a time, or walk-ins are welcome. Questions? Call Sheila Wayne at 440-725-9100.

PodiatristMonday, May 111 AM

Dr. Hosking will be here for anyone wanting foot care. Pre – registration is **REQUIRED**. Please call Dr. Hosking's office at 440-282-1312 to register.

Trivia with KingstonTuesday, May 21 PM

Come out for a fun afternoon playing trivia! Joselyn from Kingston will be here to play trivia games to keep our minds sharp! RSVP by April 27.

Meet-N-EatThursday, May 411:00 AM

Let's get together for a pre-Cinco De Mayo lunch! We will meet for lunch at Fiesta Habañero; 38790 Chester Rd, Avon. The restaurant will accommodate separate checks.

Reservation deposit is \$5/person payable in cash no

later than May 2. Deposit will be returned to you upon arrival at the restaurant. Space is limited. *This is not a bus trip—meet at the restaurant.

A Safe Drive Through the Aging ProcessThursday, May 41 PM

Learn warning signs, potential risk factors and raise self-awareness of your driving skills. We will discuss practical tips for improving your driving habits, remaining safe on the road, and extending your driving career. We will also discuss alternative transportation methods. Sandra Samay from Senior Care Authority will be presenting on this topic. RSVP no later than April 26.

Elder Law Basics: Planning & Protecting Your RetirementTuesday, May 91 PM

Local Elder Law Attorney Randy Knavel presents a simplified way to plan your affairs, avoid Probate and protect your retirement savings from taxes and nursing homes. Topics covered include Wills & Trusts, Powers of Attorney, T.O.D. Affidavits, Social Security, and Medicaid. RSVP no later than May 1.

Mother's Day TeaFriday, May 121PM

Join us for an afternoon celebrating mom! We'll have tea, and assorted sweets to enjoy. Cost is \$3/person. Deadline is May 4.

Lunch & Learn—Hotel Victory and South Bass IslandTuesday, May 2312 PM

Hotel Victory was built in 1892 on South Bass Island, better known as Put in Bay. It was one of the grandest and largest hotels of its time in the United States. Known for its grandeur and stays of many famous people including several Presidents, it offered amenities experienced by few. Join us for an informative presentation on this historic landmark. RSVP required by May 17. Space is limited.

Memorial Day Trivia & Twinkie SundaesThursday, May 251 PM

Join us for some fun trivia with Mary from Infinite Helping Hands. We will also be whipping up some delicious strawberry Twinkie sundaes to enjoy! Cost is \$3/person. Deadline is May 18.

Memorial DayMonday, May 29

Senior Center Closed

Father's Day Meet –N-EatWednesday, June 711:00 AM—1:00 PM

Let's get together for a pre-Father's Day lunch to celebrate all the dads! We will meet for lunch at Railroad Brewing; 820 Center Rd. in Avon. The restaurant will accommodate separate checks. **Reservation deposit is \$5/person payable in cash no later than June 1. Deposit will be returned to you upon arrival at the restaurant. Space is limited. *This is not a bus trip—meet at the restaurant.**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 10AM Silver Sneakers 1PM Pinochle	4 9:15AM Tai Chi #3 10AM Beg. Mah Jongg 1PM Hand & Foot 1PM Craft w/ Kingston 3:15PM-4PM Tech Support w/ Sam	5 10AM Paint 12:30PM Mah Jongg 1PM Chair Volleyball	6 10AM Coffee & Donuts 12:30PM Cards 1PM Pussy Willows, Paczki, and Polka Pirates	7 <i>Good Friday</i> Senior Center Closed	8
9 	10 10AM Silver Sneakers 1PM Pinochle	11 9:15AM Tai Chi #4 10AM Beg. Mah Jongg 1PM Hand & Foot 1PM Vehicle Technology Seminar 4PM Welcome to Medicare Seminar	12 10AM Paint 11AM-1PM Tech Support w/ Dan 12:30PM Mahjong 1PM Bingo	13 10AM Book Club 12:30PM Cards	14 9AM Chair Yoga 10AM Silver Sneakers	15
16	17 10AM Silver Sneakers 12PM Music of the 60's Trivia & Lunch 1PM Pinochle	18 9:15AM Tai Chi #5 10AM Beg. Mah Jongg 1PM Hand & Foot 3:15PM-4PM Tech Support w/ Sam	19 10AM Paint 12:30PM Mah Jongg 1PM Chair Volleyball	20 10AM Coffee & Donuts 10:30 Monthly Discussion Group 12:30PM Cards	21 9AM Chair Yoga 10AM Silver Sneakers 1PM Movie	22
23	24 10AM Silver Sneakers 1PM Pinochle	25 9:15AM Tai Chi #6 10AM Beg. Mah Jongg 1PM Hand & Foot	26 10AM Paint 10AM-1PM Gold & Silver Events 11AM-1PM Tech Support w/ Dan 12:30PM Mahjong 1PM Bingo	27 12:30PM Cards	28 9AM Chair Yoga 10AM Silver Sneakers	29
30						



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10AM Silver Sneakers 11AM Podiatrist 1PM Pinochle	2 9:15AM Tai Chi #7 10AM Beg. Mah Jongg 1PM Hand & Foot 1PM Trivia w/ Kingston 3:15PM-4PM Tech Support w/ Sam	3 10AM Paint 12:30PM Mah Jongg 1PM Chair Volleyball	4 10AM Coffee & Donuts 11AM Meet –N– Eat 12:30PM Cards 1PM Seminar: A Safe Drive Through the Aging Process	5 9AM Chair Yoga 10AM Silver Sneakers 1PM Movie	6
7	8 10AM Silver Sneakers 1PM Pinochle	9 9:15AM Tai Chi #8 10AM Beg. Mah Jongg 1PM Hand & Foot 1PM Elder Law Basics Ain't Misbehavin' Theatre Trip	10 10AM Paint 11AM-1PM Tech Support w/ Dan 12:30PM Mahjong 1PM Bingo	11 10AM Book Club 12:30PM Cards Sandy Ridge Trip	12 9AM Chair Yoga 10AM Silver Sneakers 1PM Mother's Day Tea	13
14	15 10AM Silver Sneakers 1PM Pinochle	16 9:15AM Tai Chi #1 10AM Beg. Mah Jongg 1PM Hand & Foot 3:15PM-4PM Tech Support w/ Sam	17 10AM Paint 12:30PM Mah Jongg 1PM Chair Volleyball	18 10AM Coffee & Donuts 10:30 Monthly Discussion Group 12:30PM Cards	19 9AM Chair Yoga 10AM Silver Sneakers 1PM Movie	20
21	22 10AM Silver Sneakers 1PM Pinochle 1PM Newsletter	23 9:15AM Tai Chi #2 10AM Beg. Mah Jongg 12PM Lunch & Learn 1PM Hand & Foot	24 10AM Paint 11AM-1PM Tech Support w/ Dan 12:30PM Mahjong 1PM Bingo	25 12:30PM Cards 1PM Memorial Day Trivia & Twinkie Sundaes Hollywood Casino Trip	26 9AM Chair Yoga 10AM Silver Sneakers	27
28	29  Senior Center Closed	30 9:15AM Tai Chi #3 10AM Beg. Mah Jongg 1PM Hand & Foot 3:15PM-4PM Tech Support w/ Sam	31 10AM Paint 12:30PM Mah Jongg 1PM Chair Volleyball Niagara Falls Trip			



BUS TRIPS!

Please review our **REFUNDS/CANCELLATIONS** policy on page 2.

Sandy Ridge Winery Trip

Thursday, May 11

10:30 AM—1 PM

We are headed to Sandy Ridge Winery for a relaxing lunch, wine tasting, and shopping. We will leave the Senior Center at 10:30AM, and have lunch upon our arrival (lunch on your own). Sandy Ridge offers an array of seafood, salads, dips, appetizers etc., along with wine flights and other cocktails. Their mercantile features unique décor items, bar accessories, baked goods and of course, bottles of wine. Cost for this trip \$5/person. Deadline May 4. Seating is limited.

Hollywood Casino Trip

Thursday, May 25

8:30 AM—4:30 PM

Let's go to Hollywood Casino in Toledo! We will leave the Senior Center at 8:30AM and drop you off at the door of the casino. You will have all day to have lunch and try your luck at slots, video poker, roulette, blackjack etc. We will pick everyone up around 3:00PM to head back to the Senior Center. Cost for this trip is \$5/person. Deadline is May 18.

Chocolate and Wine Trip - JKL Tours

Wednesday, May 31

7:45 AM—6:00 PM - Moderate Walking

Kick off the start of SUMMER with a Chocolate and Wine Tour. Chocolate and Wine are now considered HEALTH FOODS - if you have the right kind and in moderation! Come join us by Getting Healthy on a fun, day trip adventure. We'll start by visiting Harry London Chocolates, hearing their history, enjoying free samples and learning about their new line of artisan chocolates. Next, we'll visit Barrel Run Winery, a delightful boutique winery with a growing following with samplings where you get to choose from 13 offerings. Then, we are off to the Hartville Kitchen for lunch (included). This is one of the newer Amish style restaurants that provide a superb lunch and you can order right off the menu. We'll have time to shop their huge complex visiting their bakery, their gift shop and men will love the huge hardware store. Next, we'll explore our chocoholic side in historic Hartville at Hartville Chocolates, with goodies and where their specialty is Chocolate-Covered Strawberries! We'll complete our adventure at Maize Valley Winery set in a turn-of-the-century Barn. Our Winery hosts will provide a presentation and sampling of 4 of their most popular wines. We'll depart at 7:45 AM and return to the Avon Senior Center about 6:00 PM. Cost is \$95/person. Deadline May 1st.

Historic & Ethnic Cleveland—Part 1 — JKL Tours

Friday, June 30

8:00 AM—5:00 PM - Moderate Walking

Cleveland's International Heritage is based on its history and the many immigrant groups that came here in search of a better life, while maintaining the rich traditions, legacy and customs of their native lands. Join us as we travel around

our world in one very fast-paced day to see the different ethnic cultures and learn the history that makes Cleveland a wonderful mosaic of people and places. We'll start by seeing where Moses Cleaveland first landed in 1796, paving the way for others to follow in search of a better life, and we'll see where later immigrants settled like Irishtown Bend. Plus we'll stop at German and Lebanese shops to sample their wares and see a special Asian market in our own Chinatown that draws shoppers from all over Ohio. We'll go by an Ohio City church that helped slaves on the Underground Railway escape to the banks of the Cuyahoga, for boats to take them to Canada. We'll have our morning stop at the famous Westside Market (feel free to bring a cooler to keep any purchases fresh!) We'll have an ethnic meal cooked by the Ladies of Annunciation Greek church where no one leaves hungry! After lunch, we'll learn about the Van Sweringens, who started as small, real estate investors and became reclusive railroad tycoons who built Terminal Tower! We'll see Cleveland's University Circle and the well-known Little Italy, but also visit the original area of Big Italy, and its most famous inhabitant, whose product became a world-wide success and is probably in your kitchen today. Our special Historic and Ethnic Tour of Cleveland combines culture, food, history and an amazing lunch, to give you a unique view of the rich tapestry of peoples and heritage that make Cleveland, "The Best Location in the Nation." We'll depart at 8:00 AM and return about 5:00 PM. Cost is \$79/ person. Deadline is June 1.

Great Lakes Theater Performances

Payment for all matinees are due at time of reservation. Cancellations made after the deadline listed in the newsletter will not be refunded unless there is a wait list **and** the spot is filled and paid for by another patron. Trip refund and cancellation is 30 days before the date of trip. **Please note: Tickets MUST be purchased by the deadline posted for each performance. We are unable to purchase additional tickets once the deadline has passed.**

Ain't Misbehavin' at Hanna Theatre

Tuesday, May 9

12:30 PM —4 PM (approx.)

This Tony-winning musical showcases the infectious energy and masterful stylings of the legendary jazz musician Thomas "Fats" Waller. Five actors croon, jive, wail, and dance their way through the songs that made Waller a household name. Delight in the heyday of American big band jazz music as the cast celebrates unforgettable hits that include "The Joint is Jumpin'," "Spreadin' Rythm Around," "Honeysuckle Rose," and the show's namesake "Ain't Misbehavin'." We will leave the Senior Center at 12:30PM for the 1:30PM matinee, and return immediately after the show. Cost is \$25/person. **Deadline April 10.**

Thank You!

SPECIAL THANKS TO THE FOLLOWING ORGANIZATIONS THAT PARTICIPATED IN OUR SOUP THROWDOWN!

Home Instead Senior Care

St. Mary of the Woods

New Life Hospice

Infinite Helping Hands

Wesleyan Meadows

O'Neill Healthcare

CITY OF AVON
BRYAN K. JENSEN, MAYOR

SUBSCRIPTION INFO

- ♦ The newsletter subscription fee for 2023 is \$15/household. Subscriptions are on a 12 month renewal.
- ♦ The mailing label on your newsletter will show your expiration date.
- ♦ Folks wanting a single issue or replacement copy of the newsletter - individual printed copies are available at the Reception Desk for \$2.00.
- ♦ Those wanting the newsletter emailed can subscribe to our e-newsletter for free.
- ♦ There is no form to fill out for newsletter subscriptions. Just stop in or mail a check for \$15, payable to City of Avon and write "newsletter" on the memo line. Credit card payments also accepted.

NEWSLETTER VOLUNTEERS



We have a wonderful group of folks who get together for a few hours every other month to fold, seal, and address our newsletter. If you are available and would like to volunteer to be a newsletter volunteer, please call the Senior Center.

**AVON SENIOR CENTER
STAFF**

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Event Set-up: Michelle Wintode

Trip Escort: Nancy Gelston



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(440) 934-2417